



RESOURCE BOOK

Table of Contents

Autism Services	1
Crisis Services/Hotline.....	4
Domestic Violence	8
Family Resources	9
Financial Assistance Resources	14
Homeless Services	17
Hospitals	19
Independent/Supportive Housing	22
Legal Services	23
Mental Health Counseling Services	26
Support Groups	32
Senior Services	34
Substance Abuse	35
Transportation	37
Therapeutic Schools	39
General Information Resources	41

AUTISM SERVICES

Agency	Services
<p>Behavioral Perspective Inc. of Aurora Phone: 888-308-3728</p>	<ul style="list-style-type: none"> • Autism Services include: <ul style="list-style-type: none"> ○ Clinical Services ○ In-Home ABA Therapy ○ Apple Academy (IL Only) ○ Community Outings ○ Social Skills Groups & Peer Sessions ○ Parent Training ○ Community Events ○ Consultation with school districts and other private therapists ○ Insurance Support • Apple Academy is an ABA-based day program for children with Autism ages 3 to 7. Programming is provided by Behavioral Perspective Inc. at the Aurora clinic. A play-based, highly individualized program and research-based curriculum compliments our 1:1 ABA therapy in a structured group setting. • Website: http://www.bpiaba.com/services-provided.html
<p>Amita Health -Alexian Brothers Hospital, Behavioral Health Phone: 855-383-2224 Location: Elk Grove Village Serves: Adults, Children, Teens</p>	<ul style="list-style-type: none"> • In and out-patient treatment for Autism, mental health illness (adult, children and teens. Residential Treatment specializing in the treatment of anxiety, OCD, and addictions. See web site for complete list of Behavior Health Services. • Website: http://www.alexianbrothershealth.org/abbhh
<p>Turning Point (Autism Foundation) Phone: 630-570-7948 Location: Naperville</p>	<ul style="list-style-type: none"> • Offers education, career development, recreation & Fitness, Residential and Family Support Services • Website: http://www.turningpointautismfoundation.org/
<p>Autism Speaks: Online List of Resources in Illinois</p>	<ul style="list-style-type: none"> • Website: https://www.autismspeaks.org/resource-guide/state/IL
<p>Giant Steps Phone: 630-864-3800 Location: Lisle</p>	<ul style="list-style-type: none"> • Autism Education: Every student attending the Day School at Giant Steps has an Individualized Education Program (IEP) to meet their specific needs and goals within four service domains: cognitive learning and awareness, communication abilities, social/emotional development, and motor skills. • Training: The Autism Training Center (ATC) provides guidance and support to families touched by autism. The ATC offers consulting, training and seminars for individuals and families touched by autism, as well as schools, community organizations, early intervention centers, respite providers, police, paramedics, and emergency workers. • Therapy: Speech/communication therapy, occupational therapy, neurologic music therapy, social work and applied behavior analysis are available in a one-on-one approach tailored to each student’s needs. Specific physical and creative sessions include dance therapy, yoga, fitness training, social and interactive groups, piano and music lessons, and canine training. • Recreation: Our Rec Center provides after school activities that complement our education curriculum, including a computer lab, sensory and motor rooms, and dance and yoga areas, art and express yourself centers, as well as fitness facilities. • Website: http://mygiantsteps.org/about-us

<p>Little Friends Phone: 630-355-6533 Location: Naperville</p>	<ul style="list-style-type: none"> • Non-profit organizations providing services for children and adults with autism and other developmental disabilities and their families • Website: https://littlefriendsinc.org/
<p>Fox Valley Special Recreation Association (FVSRA) Phone: 630-907-1114 Location: Aurora Serves: Batavia, Geneva, Oswego, St. Charles, Sugar Grove, South Elgin, and Fox Valley Park Districts</p>	<ul style="list-style-type: none"> • Provides year-round recreational programs for individuals with disabilities by working with staff to mainstream participants into Park District sponsored recreation programs. • Website: https://www.fvsra.org/
<p>Prairie Clinic Phone: 630-845-9644 Location: Geneva</p>	<ul style="list-style-type: none"> • Dr. Wahlberg has been researching and studying Autism, Asperger's Disorder and Pervasive Developmental Disorders since 1995. Through his work he has developed a comprehensive theory and approach to the treatment of individuals with these disorders in a number of settings. • Dr. Wahlberg's contention is that individuals with Autism Spectrum Disorders (ASD) develop a neurological architecture, which creates a very distinctive "black and white" way of thinking and processing information. Because of this, individuals with autism suffer in areas such as social interactions and communication. Additionally, they tend to develop many rituals and routines. Dr. Wahlberg has developed effective intervention techniques that enable individuals to reach their highest potential. • The Prairie Clinic provides a number of services to individuals with Autism Spectrum Disorders (ASD), families, professionals, and school districts: <ul style="list-style-type: none"> • Individual counseling • Family counseling • Staff training • School programming • In-services • Consultative services • Interventions apply to individuals with ASD themselves as well as the families that care for them, the professionals that work with them, and the school districts that strive to provide the Least Restrictive Environment (LRE) for them to learn in. • Website: http://theprairieclinic.com/content/home

CRISIS SERVICES/HOTLINES

Agency	Services
American Psychiatric Association Answer Center Phone: 1-888-357-7924	<ul style="list-style-type: none"> • Live operators available from 7:30 AM – 5 PM, refer you to local board-certified psychiatrists
American Psychological Association Public Education Line Phone: 1-800-964-2000	<ul style="list-style-type: none"> • Follow automated instructions and press the number 1. An operator will refer you to a local board-certified psychologist
Amita Health -Alexian Brothers Hospital, Behavioral Health Phone: 855-383-2224 Location: Elk Grove Village Serves: Adults, Children, Teens	<ul style="list-style-type: none"> • In and out-patient treatment for Autism, mental health illness (adult, children and teens. Residential Treatment specializing in the treatment of anxiety, OCD, and addictions. See web site for complete list of Behavior Health Services. • Website: http://www.alexianbrothershealth.org/abbhh
Kish Health/ Ben Gordon Center Phone: 1-866-242-0111 Location: DeKalb Serve: Children, Youth, Adults	<ul style="list-style-type: none"> • Hotline (1-866-BGC-0111) • Counseling • Support groups • Vocational training • Eating disorder treatment • Substance abuse treatment for youth • Employment assistance and worksite wellness • Prevention and community education • Emergencies • Crisis Respite Program – <i>The Living Room</i> 631 S. First Street, Monday- Friday 10:30 AM to 5 PM • Website: http://www.kishhealth.org/services/behavioral-health/
Crisis Line of the Fox Valley - Association for Individual Development (AID) Phone: 630-966-9393 Location: Aurora Serve: Youth, Adults	<ul style="list-style-type: none"> • Crisis Intervention • Fox Valley Crisis Hotline (630-966-9393) • Homeless Youth Hotline- Ages 18 to 20 (630-966-9393) • Sunshine Calls • Victim Services • Outpatient Mental Health/Substance Abuse Services • Individual and Group Counseling • Case Management • Psychosocial Rehabilitation • Alcohol and other drugs abuse services • Website: http://the-association.org/
Center on Halsted Phone: 773-472-6469 x460 Location: Chicago Serve: LGBTQ	<ul style="list-style-type: none"> • Largest LGBTQ community center in Midwest • Provides behavioral health phone line, email, & information about their services, community resources, and possible referrals. • Website: http://centeronhalsted.org/
Childhelp National Child Abuse Hotline Phone: 800-422-4453 Location: Nationwide	<ul style="list-style-type: none"> • 24/7 Confidential crisis counseling in over 170 languages • Referrals • Information and literature • Website: https://www.childhelp.org/

<p>Crisis Text Line Phone: Text “HELLO” to 741741 Serves: Everyone</p>	<ul style="list-style-type: none"> • Crisis Text Line is free, 24/7 support for those in crisis. • Website: http://www.crisistextline.org/
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<p>Consumer and Family Care Line Phone: 866-359-7953 Location: Illinois Serve: Illinois residents</p>	<ul style="list-style-type: none"> • Answer questions about Illinois mental health services • Provide referrals to mental health providers • Hours: Monday-Friday, 8:00 a.m.-5:00 p.m. (except Holidays) • Website: http://www.illinoismentalhealthcollaborative.com/consumers.htm
<p>Ecker Center for Mental Health Phone (Psychiatric Emergency): 847-888-2211 Phone (Intake): 847-695-0484 x1898 Location: Elgin Serve: Adults</p>	<ul style="list-style-type: none"> • Case Management (housing, food, transportation, public assistance, financial and vocational training, living skills, counseling) • Psychiatric Emergency Program • Psychiatric services • Therapy • Short-term residence for adults • Website: http://www.eckercenter.org/
<p>Gateway Foundation Phone: 877-505-4673 -24 hr. Location: Chicago & Suburbs, Central & Southern Illinois Serve: Adolescents/Adults</p>	<ul style="list-style-type: none"> • Alcohol and Drug treatment • Website: http://recovergateway.org/
<p>Illinois Crisis and Referral Entry Services Phone: 800-345-9049 TTY: 866-794-0374 Location: Illinois Serve: Children/Adolescent</p>	<ul style="list-style-type: none"> • Crisis mental health services ; also determines eligibility for Screening, Assessment, and Support Services (SASS), intensive mental health services for individuals who may need hospitalization • Provides referrals to community mental health or other services • Website: http://www.thetrevorproject.org/
<p>Illinois Mental Health Collaborative Warm Line Phone: 1-866-359-7953 M-F, 8AM - 5PM TTY: 1-866-880-4459 Serve: Peer and Family Support</p>	<ul style="list-style-type: none"> • The Warm Line is a new opportunity in Illinois for persons with mental health challenges and their families to receive support by phone. Peer and Family Support Specialists are professionals who have experienced mental health recovery in their own lives as an individual or family member. They have been trained in recovery support, mentoring, and advocacy and are ready to listen and help you. The warm line is not a crisis hotline, but is a source of support as you recover or help a family member to recover. • Website: http://www.illinoismentalhealthcollaborative.com/consumers/consumer_contacts.htm
<p>Mutual Ground Phone: 630-897-0080 (Domestic Violence, 24 hr.) Phone: 630-897-8383 (Sexual Assault, 24hr.)</p>	<ul style="list-style-type: none"> • Services are free of charge • Shelter; prevention, intervention, and on-going support • English/Spanish • Website: http://www.mutualground.org/?page_id=143

<p>Location: Aurora, IL</p>	
<p>National Dating Abuse Helpline Phone:866-331-9474 TEXT: LOVEIS to 22522 Serve: National helpline for teens, young adults, friends and family</p>	<ul style="list-style-type: none"> • 24/7 anonymous, free crisis support • Website: http://www.loveisrespect.org/
<p>National Runaway Safeline Phone: 800-786-2929 Serve: Adolescents and Children</p>	<ul style="list-style-type: none"> • 24/7 anonymous, free crisis line for anyone who might want to run away from home, is on the run, or is homeless • Website: https://www.1800runaway.org/
<p>Kendall County Health Department Phone: 630-553-9100 Location: Yorkville Serve: All ages; residents of Kendall County</p>	<ul style="list-style-type: none"> • 24/7 crisis intervention services : English and Spanish • Website: http://www.kendallhealth.org/mental-health/outpatient-services/
<p>NAMI Information Helpline National Phone: 800-950-6264 (M-F 9-5) TEXT: "NAMI" to 741741 Aurora Phone: 630-896-6264 (M-F 9-12) National Email : info@nami.org Aurora Email: info@namikdk.org</p>	<ul style="list-style-type: none"> • HelpLine staff and volunteers are prepared to answer your questions about mental health issues including: symptoms of mental health conditions; treatment options; local support groups and services; education programs; helping family members get treatment; programs to help find jobs; legal issues (the NAMI Legal Resource Service can connect individuals with attorneys in their area but does not have the resources to provide individual representation) • National Website: https://www.nami.org/Find-Support/NAMI-HelpLine • Aurora Website: https://www.namikdk.org/
<p>National Suicide Prevention Lifeline Phone: 1-800-273-8255 or 1-800-784-2433 Text to 800-273-TALK or 1-800-SUICIDE</p>	<ul style="list-style-type: none"> • Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. • Website: https://suicidepreventionlifeline.org/
<p>Postpartum Support International Toll-free helpline 800-944-4773</p>	<ul style="list-style-type: none"> • Support, education, and list of local providers • Website: http://www.postpartum.net/
<p>Rape, Abuse, Incest National Network (RAINN) Phone: 800-656-4673</p>	<ul style="list-style-type: none"> • RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline in partnership with more than 1,000 local sexual assault service providers across the. RAINN also carries out programs to prevent sexual violence, help victims, and ensure that perpetrators are brought to justice. • Website: https://www.rainn.org/
<p>Suicide Prevention Services Phone: 24/7 Talk 1-800-273-8255 Suicide 1-800-784-2433 Depression 1-800-482-9696 Spanish 1-88-628-9454 24 hr. on-line chat Location: Batavia</p>	<ul style="list-style-type: none"> • Provide online hotline, depression screening, support groups, counseling, training for prevention, workshops for schools and communities, community awareness events • Website: http://www.spsamerica.org/

<p>Trevor Project Lifeline Phone: 866-488-7366 Serve: lesbian, gay, bisexual, transgender and questioning young people (ages 13 – 24)</p>	<ul style="list-style-type: none"> • 24/7 crisis intervention and suicide prevention services for • Website: http://www.thetrevorproject.org/
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<p>Teen Line Phone: 310-855-4673 <u>OR</u> 800-852-8336 Text “TEEN” to 839863 Email and message board on website</p>	<ul style="list-style-type: none"> • TEEN LINE is a confidential hotline for teenagers which operates every evening from 6:00pm to 10:00pm. • The TEEN LINE volunteers who answer the calls, emails and texts are Southern California teenagers who have received specialized training. Their job is to listen to your feelings and help you to clarify your concerns, define the options available to you, and help you make positive decisions. • Issues that teenagers are dealing with include abuse, depression, divorce, bullying, anxiety, gangs, gender identity, homelessness, pregnancy, relationships, sexuality, violence, substance abuse, self-harm, and suicide. • Hours: 6:00 p.m.-10:00 p.m. • Website: https://teenlineonline.org/
<p>ULifeline Online Resource Serve: College Students</p>	<ul style="list-style-type: none"> • Anonymous, confidential online resource for college students • Helps students locate support on their campus • Provide emotional health information they need and want without shame • Website: http://www.ulifeline.org/

DOMESTIC VIOLENCE

Agency	Services
<p>Community Crisis Center Phone: 847-697-2380 Location: Elgin Serves: Illinois Fox Valley Region</p>	<ul style="list-style-type: none"> • Provides comprehensive services to individuals and families in crisis due to domestic violence, sexual assault, or economic/ financial difficulties. The mission of the Community Crisis Center is to provide Safety, Hope, Advocacy, Respite and Education for those impacted by crisis and violence. • Services are free of charge • Website: http://crisiscenter.org/
<p>Illinois Department of Human Services Domestic Violence Helpline: 1-877-863-6338 TTY 1-877-863-6339</p>	<ul style="list-style-type: none"> • Confidential • 24/7 • Multilingual • Website: http://www.dhs.state.il.us/page.aspx?item=27894
<p>Mutual Ground Phone: Domestic Violence: 630-897-0080 (24/7) Sexual Assault: 630-897-8383 (24/7) English/Spanish Location: Aurora Serves: Greater Aurora area, Sothern Kane, and all of Kendall County</p>	<ul style="list-style-type: none"> • Comprehensive victim services • Shelter; prevention, intervention, and on-going support • Services are free of charge • Website: http://www.mutualground.org/?page_id=143
<p>Safe Passage Phone: 815-756-5228 (24/7) Location: DeKalb Serves: DeKalb County</p>	<ul style="list-style-type: none"> • Provides a wide range of services to victims of domestic and sexual violence including crisis intervention and medical advocacy for victims, short- and long-term housing for victims and their children, counseling, legal advocacy, children's services, prevention programming, and a partner abuse intervention program. • Services are free of charge • Website: http://safepassagedv.org/

FAMILY AND CHILD RESOURCES

Agency	Services
For family support groups see Support Groups. For counseling services see Mental Health Counseling.	
<p>360 Youth Services Phone: 630-717-9408 Serves: Children ages 10 and up, Young Adults through age 25, and families Location: Naperville</p>	<ul style="list-style-type: none"> • Counseling Programs • Many insurance plans are accepted and special accommodations can be arranged for families who are struggling financially. • Mentor Programs • Prevention Programs - helping youth make healthy choices and preventing youth substance use. • Housing Programs - When housing is uncertain, everything in a young person's life seems to fall apart. At 360 Youth Services, housing and support services are provided to young adults, 18-24 years old, who were previously homeless, and teenage boys, 13-17 years old, who are unable to live with their families. Support services including life skills, budgeting, counseling, art therapy and more are provided. • LGBTQ Collaborative • Website: http://www.360youthservices.org/
<p>Adventure Works Phone: 815-517-0825 Serves: Youth ages 0 – 26 Location: DeKalb</p>	<ul style="list-style-type: none"> • Therapy through adventure experiences • Children's Conservation Corps (Elementary school through 5th grade) • Ascend – climbing group (High School) • Balance Group (Middle school girls) • Adventure U (School age) • Archery (6th Grade and up) • Traverse (18 -26) • Website: http://www.adventureworksdekalb.org/
<p>Amita Health -Alexian Brothers Hospital, Behavioral Health Phone: 855-383-2224 Location: Elk Grove Village Serves: Adults, Children, Teens</p>	<ul style="list-style-type: none"> • In and out-patient treatment for Autism, mental health illness (adult, children and teens. Residential Treatment specializing in the treatment of anxiety, OCD, and addictions. See web site for complete list of Behavior Health Services. • Website: http://www.alexianbrothershealth.org/abbhh
<p>Behavioral Perspective Inc. of Aurora Phone: (888) 308-3728</p>	<ul style="list-style-type: none"> • • • • Website: http://www.bpiaba.com/
<p>Boy Scouts of America Three Fires Council-BSA Email: Specialneeds.scouting@gmail.com</p>	<ul style="list-style-type: none"> • Boy Scout and Cub Scout membership for those with learning, developmental, physical, or emotional disability • Website: http://www.scouting.org/filestore/pdf/SpecialNeedsInformationSheet.pdf
<p>Day One PACT Phone: Geneva 630-879-2277 Lisle 630-960-9700 Location(s): Geneva, Lisle Serves: Families with individual with developmental disabilities.</p>	<ul style="list-style-type: none"> • Life-spanning (birth to death) service coordination agency for people with developmental disabilities. • Determines eligibility for services, linking people with the help they require, and assisting them in assuring their on-going satisfaction with their services. • Fee for service

<p>Serves DuPage, Kane, and Kendall Counties</p>	<ul style="list-style-type: none"> • Bilingual • Website: http://dayonepact.org/
<p>DeKalb County Youth Services Bureau Phone: 815-748-2010 Serves: Residents of DeKalb County</p>	<ul style="list-style-type: none"> • Youth and Family Counseling, Trauma Certified • Anger Management and Emotional Regulation • Drug and Alcohol Early Intervention • Court-Ordered Youth Programs • Group Counseling • Parenting Class • Se habla espanol • Website: http://dcysb.com/
<p>CHADD The National Resource on ADD Serves: Nationwide</p>	<ul style="list-style-type: none"> • Membership organization for families with an ADHD child, provides education, support groups, advocacy and information. • Website: http://www.chadd.org/
<p>Easter Seals Disability Services</p>	<ul style="list-style-type: none"> • Autism Services - Did you know we are the largest provider of Autism Spectrum Disorder services in the country? We currently provide a variety of services that both specifically target individuals diagnosed with ASD, as well as other services that include individuals with ASD among their service recipients. • Day Care -Adult day care centers provide a place outside the home for older adults and younger adults with all types of disabilities to be active in the community, socialize with their peers and receive needed health and personal care services. • In-Home Care - We offer a comprehensive set of services that allow adults and seniors with significant physical or cognitive impairments to live at home or with a friend or family member. The services provided represent a partnership to create a safe, secure environment providing them with the supports needed to experience a variety of opportunities to foster independence. • Therapy - Medical rehabilitation focuses primarily on the prevention, diagnosis and treatment of disabilities to help individuals live as independently as possible. Services include early intervention, occupational therapy and recreational and nutritional therapy. • Employment & Training - Easter seals workforce development services provide an individualized approach to assisting persons with disabilities and other needs to make informed choices and attain their employment aspirations. Our approach includes an array of services and supports that ultimately lead to employment. • Veteran Reintegration - We are working to change the employment picture for veterans and military families by educating those who are critical to veteran employment on the deep skills in the veteran talent pool. • Senior Career Employment - Easter seals is committed to empowering low-income older workers to achieve economic independence and fully engage in the process of determining their own future, through participating in the Senior Community Service Employment Program (SCSEP). • Camping and Recreation - As the largest provider of recreation and camping services for people with disabilities in the country, we're proud to offer residential and day camps for children and adults of all types and levels of ability. Our camps are barrier-free and designed to be accessible to everyone.

	<ul style="list-style-type: none"> • Respite Services – Easter Seals offers short-term or temporary care for loved ones so that their caregivers can take a much-needed break, including adult day care, inclusive childcare, camping and recreation programs and more.
<p>Illinois Respite Coalition Phone: 773-205-3627 Serves: Caregivers; Residents of Illinois</p>	<p>The Illinois Respite Coalition (IRC) is a not-for-profit organization of caregivers and respite providers dedicated to advocating support for families by ensuring access to quality respite services for the residents of Illinois. The IRC is dedicated to spreading the awareness of lifespan respite for caregivers of individuals with special needs. The IRC is able to assist caregivers by connecting them to resources in their area, provide training on respite topics, and have funding available for emergency respite.</p> <p>Website: http://www.illinoisrespitecoalition.org/</p>
<p>Family Benefit Solutions Phone: 847-279-8506 Location: Buffalo Grove</p>	<ul style="list-style-type: none"> • Help in making long-term decisions for a special needs child, a family member who has a chronic illness, or the elderly. • Recommended as a next step after visiting Day One PACT • Website: http://www.familybenefitsolutions.com/
<p>Family Counseling Service of Aurora Phone: (630) 844-8212 Email: bmorales@aurorafcs.org</p>	<ul style="list-style-type: none"> • Community Support Groups for Children <ul style="list-style-type: none"> ○ Art Therapy ○ Money Management (ages 13 and up) ○ Cooking Skills (ages 12 and up) ○ Dance and Movement Therapy (ages 8 – 12) • Website: https://aurorafcs.org/
<p>Child Mind Institute Online Resource for Parents</p>	<ul style="list-style-type: none"> • Provides extensive medical information and resources for parents helping a child in distress • Website: https://childmind.org/
<p>Community & Residential Services Authority Phone: 877-541-2772 Serves: Residents of Illinois, caring for individual age 21 or younger, with a behavior disorder or a severe emotional disturbance</p>	<ul style="list-style-type: none"> • Responsible for identifying and addressing barriers facing parents, professionals and providers when trying to get needed services and programs • State agency. Services are free of charge. • Website: https://www.illinois.gov/CRSA
<p>Illinois Youth Resource for Mental Health, Well-Being & Resilience Online Resource Serves: Adolescents/Children</p>	<ul style="list-style-type: none"> • A comprehensive guide for referral for children, adolescents and others to behavioral health services in Illinois. The Illinois Health and Hospital Association’s (IHA) Behavioral Health Advisory Forum developed the guide with an emphasis on suicide prevention and marginalized youth. • Website: http://www.ihatoday.org/uploadDocs/1/youthmentalhealthdirectory
<p>Kane County Behavioral Health Council Website Serves: Kane County</p>	<ul style="list-style-type: none"> • Website provides links to local behavioral health services, monthly newsletter, trainings, and school based resources • Website: http://www.kanecountymentalhealth.org/members/kane-county-health-department/

<p>My Recess Inc. Phone: 630-880-0993</p>	<ul style="list-style-type: none"> • Offers occupational, speech, and yoga based therapies and classes for children of all ages. My Recess Therapy’s expert therapists use a fun and goal orientated environment to provide sensory-based therapies based on your child’s needs. Our clinic is designed to stimulate your child’s senses and support individual discovery and development throughout life and in the world around them. Your child will develop appropriate behaviors based on what they see, touch, hear, taste, smell, and how they move and position their bodies in space. We seek to empower you and your child through a holistic, mindful, experiential and individualized therapy services. • Website: http://www.myrecess.com/
<p>Look Through Their Eyes Online Resource Serves: Children experiencing trauma, Birth to 18,</p>	<ul style="list-style-type: none"> • Provides information and referrals for children experiencing trauma such as, but not limited to: bullying/cyberbullying, chaos or dysfunction in the house, death of a loved one, domestic violence, emotional abuse or neglect, incarcerated parent, parent with a mental illness, poverty, and a medical condition. • Website: http://lookthroughtheireyes.org/ • Illinois Referral website: http://lookthroughtheireyes.org/find-help-nearby/
<p>Simply Destinee Phone: 331-643-6001 Email: SimplyDestinee.com Location: Aurora</p>	<ul style="list-style-type: none"> • Youth inspired Dance Team that promotes suicide awareness • Provides dance instruction for at-risk youth • Dedicated to caring for Aurora’s youth and inspiring positive development in their lives, families, and community • \$25 registration fee; \$15 for each additional child; parents and children are responsible for fund raising or they can pay a monthly fee
<p>The Power of Choice - website</p>	<ul style="list-style-type: none"> • Provides information (resources, newsletters, and podcasts) on effective ways to connect with your teen, learn about substance abuse and the early warning signs, how to keep you child safe and support them making healthy choices about alcohol, tobacco, and other drugs. • This is a massive communications campaign taking place in all District 203 and District 204 high schools and junior high/middle schools. The Power of Choice is an effective, data-driven, outcome-based, ongoing, community collaborative project that recognizes the Power youth have to impact the quality of their lives by making Choices that keep all possibilities open for a bright future. • Website: http://thepowerofchoice.info/
<p>Resources used by communities to respond to the “13 Reasons Why” series</p> <ul style="list-style-type: none"> •SAVE and JED Foundation Talking 13 Reasons Why Talking Points •AFSP – Tips for Parents for Talking with their Children about 13 Reasons Why and Suicide •National Association of School Psychologists – “13 Reasons Why” Netflix Series: Considerations for Educators” •A Teachable Moment: Using 13 Reasons Why to Initiate a Helpful Conversation about Suicide Prevention and Mental Health •Disseminate awareness of Logic’s new song, “1-800-273-8255” as an example of positive suicide prevention messaging in the media. The story he tells about the origins and intent of the song are enlightening, and capture the potential of what positive suicide prevention messaging might accomplish in terms of spreading hope and help-seeking. • For SAVE Fact Sheet : https://save.org/blog/tips-watching-new-netflix-series-13-reasons/ • For NAMI article: https://www.nami.org/Blogs/NAMI-Blog/May-2017/13-Reasons-Why%E2%80%9D-Hurts-Vulnerable-Teens 	



FINANCIAL ASSISTANCE RESOURCES

Agency	Services
<p>Aurora Township Phone: 630-897-8777 Email: suely.c@auroratownship.org Serves: Over 18 and resident of Aurora Township</p>	<ul style="list-style-type: none"> • General Assistance – monthly assistance to those that qualify. • Website: http://auroratownship.org/
<p>Catholic Charities</p> <p>Rockford Diocese Aurora Phone: 630-820-3220 Serves: Kane and DeKalb Counties</p> <p>Joliet Diocese Phone: 815-941-2560 Serves: Kendall County</p>	<ul style="list-style-type: none"> • Offers emergency assistance for rent, utilities, food, diapers and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel also can refer callers to appropriate community agencies that may be able to assist them. • Rockford Website: http://catholiccharities.rockforddiocese.org/ • Joliet Website: https://catholiccharitiesjoliet.org/
<p>Community Contacts, Inc. Phone: 847-697-8800 Serves: Kane and DeKalb Counties Email: mail@cci-hci.org</p>	<ul style="list-style-type: none"> • Dedicated to helping low and moderate income families attain and maintain safe and affordable housing. CCI seeks to provide utility bill assistance, weatherization and housing rehabilitation for eligible households. They do this through a variety of programs that focus on energy conservation and the affordability of local housing stock. Their mission is to make affordable housing a reality for local, elderly, economically disadvantaged and disabled individuals and families. • Low Income Home Energy Assistance Program (LIHEAP) <ul style="list-style-type: none"> ○ For those over 60 and meeting income requirements, after Oct.1st, provides help with gas and electric bills. ○ For families meeting income requirements and with children age 5 and under, After November 1st, provide help with gas and electric bills. ○ All those meeting income requirements may apply after Dec. 1st ○ Kane County: 847-697-4400 ○ DeKalb County: 815-758-3835 • Affordable Rental Program - The purpose of the affordable rental program is to provide qualified participants single family homes for rent in Kane County. • Along with the specific criteria for the development of the affordable rental homes, the program outlines specific criteria for the families that would be eligible to rent a home with Housing Continuum Inc. The goal of the program is to provide rents that do not exceed 30% of a household's income. • Website: http://cci-hci.org/
<p>Illinois Department of Human Services Phone: 1-800-843-6154 Aurora: 630-844-7400 Sycamore: 815-895-8667 Elgin: 847-931-2700</p>	<ul style="list-style-type: none"> • State provided services including Medicaid, SNAP, Temporary Assistance for Needy Families, WIC, Emergency Food, Emergency Shelter • Website: http://www.dhs.state.il.us/page.aspx

<p>Illinois Department of Insurance Office of Consumer Health Uninsured Ombudsman Program Phone: 877-527-9431</p>	<ul style="list-style-type: none"> • Get Covered Illinois – medical insurance- 866-311-1119. Website: www.GetCoveredIllinois.gov • Illinois Dept. of Healthcare and Family Services: Medical Programs – offers medical, food, cash assistance to eligible children, adults, seniors, and people with disabilities. www.abe.illinois.gov • Illinois Comprehensive Health Insurance Plan (ISHIP) 866-851-2751. www.chip.state.il.us • Veterans Care – medical, limited dental, and vision coverage. 877-4VETSRX. www.illinoisveteranscare.com • Health Care Services for HIV – 800-243-2437. www.idph.state.il.us • Hill-Burton Free Care Program – reduced fee services and certain healthcare facilities, 800-638-0742. www.hrsa.gov • If you have been denied benefits because your health carrier says it is not medically necessary or that it is experimental, you may appeal the decision. For assistance contact External Review Team at 877-850-4740. https://mc.insurance.illinois.gov/messagecenter.nsf
<p>Kendall Grundy Community Action Phone: 630-553-9100, 815-941-3262 Serves: Residents of Kendall and Grundy Counties</p>	<ul style="list-style-type: none"> • Kendall-Grundy Community Action (KGCA) provides a variety of services to residents of both Kendall and Grundy counties. Our programs offer assistance to income-eligible families to obtain the opportunities needed to encourage self-sufficiency. • Services include referrals to local resources, education scholarships, obtaining reliable transportation for employment purposes, employment assistance, homelessness prevention program (Kendall County only) , and assistance with gas and electric bills • Website: https://www.grundyco.org/kendall-grundy-community-action/
<p>Medicare Phone: 800-633-4227 Illinois Helpline: 1-800-252-8966 TTY 1-888-206-1327</p>	<ul style="list-style-type: none"> • Website: https://www.medicare.gov/ • Illinois Help Website: http://www.illinois.gov/aging/ship
<p>Social Security Administration Phone: 800-772-1213 Aurora: 1-877-274-5412 Elgin: 1-877-405-0435</p>	<ul style="list-style-type: none"> • Website: https://www.ssa.gov/
<p>Salvation Army Phone: Aurora: 630-897-7265 DeKalb: 815-756-4308 x4311 Elgin: 847-741-2304 St. Charles: 630-377-2769 x209</p>	<ul style="list-style-type: none"> • Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance • Websites: Aurora: http://www.salarmyaurora.org/ DeKalb: http://www.salarmydekalb.org/ Elgin: http://www.salarmyelgin.org/ St. Charles: http://salarmychicago.org/stcharles/
<p>Tri Cities Health Partnership Phone: 630-377-9277 Location: St. Charles</p>	<ul style="list-style-type: none"> • Tri City Health Partnership provides a wide range of high quality medical care to individuals in Central Kane County. At our clinic in St. Charles, Illinois, we treat all patients with dignity and respect, and they receive quality health care from qualified volunteer specialists. • Free of charge • Website: http://tchpfreeclinic.org/

<p>Veterans Assistance Commission of Kane County Phone: 630-232-3400 Serves: Kane County Veterans</p>	<ul style="list-style-type: none">• Provides free assistance obtaining veteran benefits• Website: http://www.countyofkane.org/Pages/Veterans.aspx
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HOMELESS SERVICES

Agency	Services
360 Youth Services Phone: 630-717-9408 Serves: Children ages 10 and up, Young Adults through age 25, and families Location: Naperville	<ul style="list-style-type: none"> Housing Programs - When housing is uncertain, everything in a young person's life seems to fall apart. At 360 Youth Services, housing and support services are provided to young adults, 18-24 years old, who were previously homeless, and teenage boys, 13-17 years old, who are unable to live with their families. Support services including life skills, budgeting, counseling, art therapy and more are provided Website: http://www.360youthservices.org/
Catholic Charities , Diocese of Joliet Phone: DuPage: 815-774-4663 Kendall: 815-941-2560 Spanish: 815-523-9923	<ul style="list-style-type: none"> Emergency Services /Homelessness Prevention, Shelter, Transitional Housing, Permanent Housing, Hope Housing Serves: DuPage and Kendall Counties Website: https://catholiccharitiesjoliet.org/
Hesed House Phone: 630-897-2156 Location: Aurora	<ul style="list-style-type: none"> Emergency shelter, daytime drop-in center, homeless prevention program, transitional living community, supportive housing, employment training and education, medical assistance, counseling, legal clinic Website: http://www.hesedhouse.org/contact/
Hope Haven Phone: 815-758-5765 Location: DeKalb	<ul style="list-style-type: none"> Emergency Shelter, Rapid Re-Housing, Life Skills Training, Permanent Housing Program Website: https://www.hopehavendekalb.com/
Lazarus House Phone: 630-587-2144 Transitional Housing Phone: 630-587-5872 Location: St. Charles Serves: Batavia, Geneva, St. Charles and western, rural Kane County	<ul style="list-style-type: none"> Safe shelter, food, personal hygiene items and shower and laundry facilities, clothing through the local clothes closet, health care through a local free clinic and other local funding. Case management and referrals to the homeless and those at risk of homelessness with the goal of helping people retain or regain independent living. Employment assistance and skills upgrade. Classes that support successful living. Services and programs focused on women and children at the Women and Children's Day Center, located across the street from the main shelter. The Center for Transitional Living program provides more extended housing and services to qualifying homeless persons, including space for families to stay together. Outreach and homeless prevention assistance for qualifying households that are struggling to pay their rent and utilities (through one-time and ongoing rental and utility assistance and case management services). Website: http://www.lazarushouseonline.com/
Lifespring (Wayside Cross-Aurora) Phone: 630-851-0187 Location: Aurora Serves: Women and children	<ul style="list-style-type: none"> Long term transitional living program for women and women with children, who have lost their housing due to addiction, abuse or financial reasons. This safe, loving "family" environment has the capacity to house up to 57 women and children and provides a six-month program teaching families the necessary skills to live independently. Website: https://www.waysidecross.org/lifespring/
Salvation Army Phone:	<ul style="list-style-type: none"> Emergency food pantry Emergency prescription assistance

<p>Aurora: 630-897-7265 DeKalb: 815-756-4308 x4311 Elgin: 847-741-2304 St. Charles: 630-377-2769 x209</p>	<ul style="list-style-type: none"> • Emergency transportation assistance • Emergency rental assistance • Emergency utilities assistance • Websites: Aurora: http://www.salarmyaurora.org/ Elgin: http://www.salarmyelgin.org/ St. Charles: http://salarmychicago.org/stcharles/
<p>Wayside Cross Center - Elgin Phone: 847-695-4405 Location: Elgin</p>	<ul style="list-style-type: none"> • Food, clothing, laundry, showers, secure locker • Counseling • Case Management • Website: https://www.waysidecross.org/elgin-wayside-center/

HOSPITALS

Hospital	Services
Amita Health -Alexian Brothers Hospital, Behavioral Health Phone: 855-383-2224 Location: Elk Grove Village Serves: Adults, Children, Teens	<ul style="list-style-type: none"> In and out-patient treatment for Autism, mental health illness (adult, children and teens. Residential Treatment specializing in the treatment of anxiety, OCD, and addictions. See web site for complete list of Behavior Health Services. Website: http://www.alexianbrothershealth.org/abbhh
Amita Health - Glen Oaks Hospital Phone: 630-545-6160 Location: Glendale Heights Serves: Adolescents, Adults, Seniors	<ul style="list-style-type: none"> In and out-patient care Website: http://www.keepingyouwell.com/agh/care-services/behavioral-health
Advocate Good Samaritan Hospital Phone: 630-275-6000 Location: Downers Grove Serves: Adults	<ul style="list-style-type: none"> In and out-patient care Website: http://www.advocatehealth.com/gsam-behavioralhealth
Comer Children’s Hospital University of Chicago Medicine Phone: 773-702-3858 Location: Chicago Serves: Infants, children and adolescents	<ul style="list-style-type: none"> In and Out-patient care Treat most types of mental health problems--from schizophrenia and depression to bulimia nervosa. Family therapies, Psychotherapy or "talk" therapy aimed at helping children work through difficult issues Behavior therapy for the treatment of persistently dysfunctional or disruptive behaviors Coordinated treatment of psychiatric illnesses associated with complex medical problems, such as brain injury and seizure disorders Website: http://www.uchicagokidshospital.org/specialties/psychiatry
Elgin Mental Health Center Phone: Contact Ecker Center: 847-888-2211 Location: Elgin	<ul style="list-style-type: none"> State psychiatric hospital providing inpatient treatment. Admission is done through an evaluation by the Ecker Center for Mental Health.
Illinois Inpatient Mental Health Providers Online Resource Serves: Residents of Illinois	<ul style="list-style-type: none"> List of hospitals that provide inpatient mental health services Website: http://ihatoday.org/uploadDocs/1/behavhealthhosp.pdf
Linden Oaks at Edwards-Elmhurst Health Phone: 630-305-5027 Location: Naperville Serves: Adolescents and adults	<ul style="list-style-type: none"> Treats conditions such as anxiety, depression, eating disorders and self-injury for adolescents and adults. Leading center for the treatment of substance abuse and offer services for each stage of the recovery process, including inpatient and outpatient treatment, residential (for adults) and detoxification. Comprehensive eating disorders program. Website: https://www.eehealth.org/services/behavioral-health

<p>Loyola Medicine Phone: 888-584-7888 Location: Maywood Serves: Children and Adults</p>	<ul style="list-style-type: none"> • In and out-patient care • Website: https://www.loyolamedicine.org/psychiatry
<p>Lurie’s Children’s Hospital Phone: 1-800-KIDS DOC Location: Chicago Serves: Children/Adolescents</p>	<ul style="list-style-type: none"> • Provides psychological assessment, psychotherapy and psychiatric care in select subspecialty services and programs. General outpatient services and services specific to gender and sex development. In addition to expertise delivering evidence-based interventions for general psychiatric conditions, behavioral health providers in the Division of Adolescent Medicine specialize in the following areas: Gender identity development and exploration, sex development, adolescent sexuality, transgender health; supporting adolescents and young adults living with HIV/AIDS • Website: https://www.luriechildrens.org/en-us/care-services/specialties-services/adolescent-medicine/programs/Pages/behavioral-health.aspx
<p>Northwestern Medicine Behavioral Health Services Winfield Phone: 630-933-4000 Serves: Teen and Adult – Outpatient</p> <p>Northwestern Medicine Behavioral Health Services St. Charles Phone: 630-933-4000 Serves: Teen and Adult – Outpatient</p> <p>KishHealth/Northwestern Medicine, DeKalb (Ben Gordon Center) Phone: DeKalb: 815-756-4875 Sandwich: 815-786-7544 Sycamore: 815-748-8334 Off Hours Crisis: 800-373-3327</p>	<ul style="list-style-type: none"> • Coordinated inpatient and outpatient care for emotional and mental health issues and substance abuse. • Specialized services include: Dual-diagnosis services for people facing both emotional issues and substance abuse, Transcranial magnetic stimulation (TMS)—a new alternative technology to treat severe depression, psychiatric subspecialties in addiction, geriatrics and forensics, and support groups. • Website: https://www.nm.org/conditions-and-care-areas/behavioral-health
<p>Presence Mercy Medical Center Location: Aurora Phone : 630-801-2657</p> <p>Presence St. Joseph Hospital Location: Elgin Phone: 847-931-5521 Serves: Children, Adolescents, Adults, Seniors</p>	<ul style="list-style-type: none"> • In and out-patient services • Free behavioral health assessments for all ages • Website: http://www.presencehealth.org/medical-services-behavioral-health-behavioral-health-services

<p>Streamwood Behavioral Healthcare System Phone: 800-272-7790 Location: Streamwood Serves: Children, Adolescents, Young Adults</p>	<ul style="list-style-type: none"> • Inpatient Stabilization • Partial Hospitalization Day Treatment • Outpatient Assessment and Treatment • Therapeutic Day School • Website: http://streamwoodhospital.com/
<p>Swedish American – University of Wisconsin Health Phone: Inpatient: 815-489-4132 Outpatient: 815-489-4376 24-Hour Assessment: 779-696-2273 or 1- 800-932-1810 Location: Rockford Serves: Age 12 and up</p>	<ul style="list-style-type: none"> • Partial Hospitalization (PHP) is a psychiatric outpatient treatment program for adults and adolescents in emotional distress. • Inpatient Programs include psychiatric units for adolescents, as well as for adults. • Mental health professionals are available to provide educational programming for groups in the community, including topics such as depression, anxiety, suicide prevention, stress management, grief, and more. • Website: http://www.swedishamerican.org/services/mental_health/
<p>University of Chicago Mercy Hospital and Medical Center Phone 1-800-824-0200 Location: Chicago Serves: Adults. For children see Comer</p>	<ul style="list-style-type: none"> • The Adult Psychiatry Section provides inpatient and outpatient services to individuals suffering from a wide range of psychiatric disorders. • The outpatient program includes individual, group and family therapy as well as the following specific clinics: Adult mental retardation; Affective disorders; Anxiety disorders; Cancer: Supportive Oncology; Geriatrics; Neuropsychiatry; Schizophrenia; Sleep disorders • Other subspecialties include phobias and, obsessive-compulsive disorders, and eating disorders. • The inpatient program includes treatment for: Affective Disorder/Character Disorder; Schizophrenia; Patients with psychiatric disorders and significant medical problems • Website: http://www.uchospitals.edu/specialties/psychiatry/adult.html?_ga=1.42153893.1099365913.1492093168
<p>Under the Rainbow Phone: 773-542-2000 Location: Chicago (Mt. Sinai Hospital and St. Casimir Clinic) Serves: Youth</p>	<ul style="list-style-type: none"> • Outpatient mental health services, including Individual, family and play therapy • Multi-family group therapy • Therapy groups for children and teens • Social skills groups • Parenting groups • Psychiatry • SASS • Case management services • Website: http://www.sinai.org/content/under-rainbow

INDEPENDENT /SUPPORTIVE HOUSING

Agency	Services
<p>A.I.D. Association for Individual Development Phone: 630-859-1291 Serves: Adults Location: Aurora</p>	<p>The purpose of this program is to help people with a mental illness live more independently in the community. People live in their own apartments with 24 hour staff support. Services include:</p> <ul style="list-style-type: none"> • Individual and Group Counseling • Case Management • Help with Medications • Assistance in the Community • Skill building - such as budgeting, shopping, cooking, cleaning and laundry • Crisis Resolution • Healthy Living <p>Supported Living: This program is the next step in community independence. People live on their own and receive staff support at least once a week in their home. Services are the same as those in Supervised Living but are not as intensive.</p> <p>Website: http://the-association.org/residential_mental_health.html</p>
<p>AIM Center for Independent Living Phone: 630-469-2300 Location: Aurora Serves: Adults</p>	<ul style="list-style-type: none"> • AIM Independent Living Center is a nonprofit organization dedicated to helping individuals with disabilities lead independent lives. AIM promotes an inclusive community by offering supports and services to people with disabilities, their families and friends, and the businesses that serve them. • Website: http://aim-cil.org/
<p>Illinois Individual Placement and Support Phone: see website Location: Illinois</p>	<ul style="list-style-type: none"> • Every client who wants to work is eligible for IPS services • Competitive jobs are the primary goal of supported employment • Supported employment services are integrated with comprehensive mental health treatment • Personalized benefits counseling is provided to every IPS client • People are placed in jobs when they say they're ready • Employment specialists receive extensive training in supported employment and in developing relationships with businesses and other employment opportunities • IPS clients receive job supports for as long as required <p>Website: http://www.illinoisips.org/</p>
<p>Thresholds Phone: 773-572-5400 or 773-572-5254 Location: Chicago</p>	<ul style="list-style-type: none"> • No Cost • Community Support Services • Housing & Residential Programs • Supported Employment • Evidence-Based Practices • Supported Education • Website: http://www.thresholds.org/our-work/services/supported-employment/

LEGAL SERVICES

Agency	Services
Administer Justice Phone: 847-844-1100 or 1-877-778-6006 Location: Elgin	<ul style="list-style-type: none"> • Sliding scale legal advice • Website: http://administerjustice.org/
DeKalb County Legal Self-Help Center Phone: 815-895-7138 Location: Sycamore	<ul style="list-style-type: none"> • Legal library
DeKalb County Treatment Courts Phone: 815-895-7224 (8:30 – 4:30)	<ul style="list-style-type: none"> • The DeKalb County Treatment Courts are inclusive of Drug Court, DUI Court and Mental Health Court. Our mission is to enhance public safety by combining effective substance abuse treatment and intensive judicial supervision in a therapeutic court setting for non-violent substance abusing offenders, in order to assist the participant in choosing and developing a structured, disciplined, law abiding drug free way of life. • Michael Douglas: Treatment Courts Director • Website: http://dekalbcounty.org/TreatmentCourts/index.html
Guardianship and Advocacy Commission Phone: 866-274-8023 Serves: Illinois children and adults with disabilities	<ul style="list-style-type: none"> • The Legal Advocacy Service (LAS) was created so that eligible children and adults, who have a disability, could obtain legal advice and representation to protect and enforce their rights guaranteed by Illinois' mental health laws. • LAS attorneys provide needed assistance to persons with disabilities in a variety of settings: mental health facilities, residential programs, community placements, and nursing homes. Issues addressed include, but are not limited to: admission and discharge from hospitalization, adequate treatment, refusal of unwanted services, and confidentiality of mental health records. • Assistance takes the form of information, referral, and legal representation in court hearings and administrative proceedings. • Website: https://www.illinois.gov/sites/gac/Pages/default.aspx
Illinois Legal Aid Online	<ul style="list-style-type: none"> • ILAO puts the law within reach for everyone with a legal problem in Illinois, regardless of their location, income, and education. People can access user-friendly online legal information and pro bono services from anywhere they can connect to the internet, including their mobile phone. ILAO simplifies our complex legal system and connects people to the best help that is available to them. • Website: https://www.illinoislegalaid.org/
State's Attorney General Kane County –Child Support Division Phone: 1-800-232-3500 Location: St. Charles Kendall County Phone: 630-553-4157	<ul style="list-style-type: none"> • The Kane County State's Attorney's Office provides legal representation to the Illinois Department of Healthcare and Family Services under the authority of Title IV-D of the Social Security Act and the Illinois Public Aid Code. • To receive assistance with your child support enforcement, you must sign up with HFS for the Title IV-D Program. The program can help you establish paternity, set support, modify support, extend support or file pleadings to address the nonpayment of support. By law, the County State's Attorney's Office cannot intervene in a child support case if the case is not registered with HFS.

<p>Location: Yorkville</p> <p>DeKalb County Phone: 815-895-7164 Location: Sycamore</p>	<ul style="list-style-type: none"> Any custodial or noncustodial parent is eligible for the Title IV-D Program regardless of the income they earn. Website: Kane: http://saopublic.co.kane.il.us/Pages/ChildSupport.aspx Kendall: http://www.co.kendall.il.us/states-attorney/ DeKalb: http://dekalbcounty.org/StatesAttorney/
<p>Kane County Jail – Mental Health Coordinator Phone: 630-232-6840 Location: St. Charles</p>	
<p>County Public Defender</p> <p>Kane County Phone: 630-232-5835 Location: St. Charles</p> <p>Kendall County Phone: 630-553-4215 Location: Yorkville</p> <p>DeKalb County: Phone: 815-899-0760 Location: Sycamore</p>	<ul style="list-style-type: none"> The mission of the County Public Defender's Office is to provide quality legal representation to indigent persons charged with criminal offenses or whose rights as parents are in jeopardy. The office represents persons charged with traffic offenses, misdemeanors, felonies, abuse and/or neglect of children cases, and juveniles accused of crimes. Website: Kane http://www.co.kane.il.us/publicdefender/index.asp Kendall : http://www.co.kendall.il.us/public-defender/ DeKalb: http://dekalbcounty.org/PublicDefender/index.html
<p>Kane County Law Library and Self Help Center Phone: 630-406-7126 Location: 37W777 Rt. 38, St. Charles</p>	<ul style="list-style-type: none"> Provides legal information Website: http://www.kclawlibrary.org/
<p>Kane County Bar Association – Ask A Lawyer Day Phone: 630-762-1900 Serves: Kane County</p>	<ul style="list-style-type: none"> 2nd Saturday of month, 9AM – 12PM Free service Provides a list of attorneys that do pro bono work Website: https://kanecountybar.org/
<p>Prairie State Legal Services Phone: 630-232-9416 and 800-942-4612 Location: St. Charles, Rockford, Carol Stream Serves: Low income persons and seniors (≥60) who have serious civil legal problems and need legal help to solve them</p>	<ul style="list-style-type: none"> Free legal services The resources webpage provides references to self-help information. Website: http://www.pslegal.org/

MENTAL HEALTH COUNSELING SERVICES

Agency	Services
See also Family Resources	
<p>Amita Health -Alexian Brothers Hospital, Behavioral Health Phone: 855-383-2224 Location: Elk Grove Village Serves: Adults, Children, Teens</p>	<ul style="list-style-type: none"> • In and out-patient treatment for Autism, mental health illness (adult, children and teens. Residential Treatment specializing in the treatment of anxiety, OCD, and addictions. See web site for complete list of Behavior Health Services. • Website: http://www.alexianbrothershealth.org/abbhh
<p>Advocate Medical Group (Dreyer) Phone: 800-216-1110 Batavia: 630-906-5120 Aurora: 630-978-6678 Oswego: 630-978-6678 Serves: Child, Adolescent, Adult</p>	<ul style="list-style-type: none"> • Out-patient counseling • Depression. Grieving/Coping with loss, Relationship challenges, work issues, academic problems • Website: https://www.advocatehealth.com/health-services/family-care-network/counseling-and-therapy-services/ •
<p>A.I.D. Association for Individual Development Phone: 630-859-1291 Location: Aurora Serves: Youth and Adults</p>	<ul style="list-style-type: none"> • Crisis Intervention • Crisis Hotline (630-966-9393) • Homeless Youth Hotline- Ages 18 to 20 (630-966-9393) • Sunshine Calls • Victim Services • Outpatient Mental Health/Substance Abuse Services • Individual and Group Counseling • Case Management • Psychosocial Rehabilitation • Alcohol and other drugs abuse services • Website: http://the-association.org/ •
<p>Aunt Martha’s Community Health Network Phone: 877-692-8686 Location: Aurora</p>	<ul style="list-style-type: none"> • Child, adolescent and adult services • Telepsychiatry • Medication management • Counseling • Comprehensive diagnostic evaluation and assessment • Website: https://www.auntmarthas.org/health-care/#3
<p>Aurora Township Youth Services Phone: 630-859-7501 Serves: Ages 7 - 17</p>	<ul style="list-style-type: none"> • Delinquency Prevention Program • Indoor and Outdoor Soccer, Basketball, Climbing Wall • Tutoring • Daily Snack Program • Weekly Art Projects • Community Service Program • Summer Camps • Summer Lunch Program • Website: http://auroratownship.org/youth-services/

<p>Kish Health/ Ben Gordon Center Phone: 1-866-242-0111 Location: DeKalb Serve: Children, Youth, Adults Crisis Respite Program – <i>The Living Room</i>, 631 S. First Street, Monday- Friday 10:30 AM to 5 PM</p>	<ul style="list-style-type: none"> • Hotline (1-866-BGC-0111) • Provide counseling, support groups, vocational training • Eating disorder treatment • Substance abuse treatment for youth • Employment assistance and worksite wellness • Prevention and community education • Website: http://www.kishhealth.org/services/behavioral-health/
<p>Breaking Free Phone: 630-897-1003 Location: Aurora Serves: Adults, Adolescents</p>	<ul style="list-style-type: none"> • Counseling • Continuing care and recovery services • Family education and support services • Family intervention • Parenting programs • Website: http://www.breakingfreeinc.org/
<p>Catholic Charities Phone: 630-820-3220 Location: Aurora Serves: Adults</p>	<ul style="list-style-type: none"> • Counseling • Sliding scale • Website: http://catholiccharities.rockforddiocese.org/
<p>Centennial Counseling Phone: St. Charles 630-377-6613 Sandwich 815-786-8606, Yorkville 630-553-1600 Serves: All ages, English and Spanish services</p>	<ul style="list-style-type: none"> • Specialists in marriage, family, and individual counseling • Multidisciplinary team of seasoned and well-trained mental health professionals are licensed in psychology, social work, marriage and family therapy, or professional counseling. • Psychological testing and assessments
<p>Ecker Center for Mental Health Phone Information 847-695-0484; Intake 847-695-0484 x1898; Psychiatric emergency 847-888-2211 Serves: Adults Location: Elgin</p>	<ul style="list-style-type: none"> • Case Management (housing, food, transportation, public assistance, financial and vocational training, living skills, counseling) • Psychiatric Emergency Program • Psychiatric services • Therapy • Short-term residence for adults • Sliding fee for residents of Geneva (certain areas), St. Charles, Campton, Virgil, Elgin, Plato, Burlington, Hampshire, Rutland, Dundee, Barrington, and Hanover Townships • Website: http://www.eckercenter.org/
<p>Family Counseling Service Phone: 630-844-2662 Serves: All ages Location: Aurora</p>	<ul style="list-style-type: none"> • Psychiatric Services • Counseling, Counseling groups • Case Management • Crisis Intervention • Mentoring for children (ages 6 – 17) • The GARAGE is a 1-2-1 mentoring program. • Substance abuse treatment • Parent education • Older adult services • Website: https://aurorafcs.org/
<p>Family Service Agency Phone: 815-758-8616 Serves: All ages</p>	<ul style="list-style-type: none"> • Counseling • Senior Services • Website: https://www.fsadecalbcounty.org/

<p>Location: DeKalb</p>	
<p>Family Service Assoc. of Greater Elgin Phone: 847-695-3680 Serves: Youth, adults, seniors Location: Elgin</p>	<ul style="list-style-type: none"> • Screening and assessment • Therapy services • Website: http://www.fsaelgin.org/
<p>Fox Valley Hands of Hope Phone: 630-232-2233 Location: Geneva Serves: Adults, Families, Youth of Kane and Kendall Counties, and parts of DuPage County</p>	<ul style="list-style-type: none"> • Grief Support and Supportive Care • Volunteer Patient Support • Assisted Living Volunteer Patient Support • Medical Equipment Loans • Spanish Language Program • Website: http://fvhh.net/
<p>In Step Behavioral Health Phone: 630-262-2640 Location: St. Charles Serves: Ages 18 and older</p>	<ul style="list-style-type: none"> • Diagnostic Evaluation • Treatment Recommendations • Medication Management • Psychotherapy • Psychological/Neuropsychological Testing • Substance Abuse Treatment • Co-occurring Disorder Treatment
<p>Innovative Behavior Health Phone: 630-913-7045 Location: Oswego and Naperville Serves: Children, Adolescents, Adults, Families, Seniors</p>	<ul style="list-style-type: none"> • Individual Counseling for Adults, Children, Teens, and Seniors • Family, Blended Family, and Single-Parent Counseling and Support • Couples, Relationship, Marital, and Pre-Marital Counseling and Psychotherapy • Psychotherapy for Children with Behavioral, Learning, or Mental Health Issues • Recovery Assessment and Support for Substance Use and Abuse • Life Coaching, Business and Entrepreneurial Coaching • Counseling Support for Military Personnel and their families
<p>Hines Veterans Administration Hospital Phone: 630-859-2504 Location: North Aurora Serves: Veterans</p>	<ul style="list-style-type: none"> • Behavioral Health services including individual and group counseling • Website: https://www.hines.va.gov/locations/aurora.asp
<p>Illinois Service providers guide by County Serves: Illinois Residents</p>	<ul style="list-style-type: none"> • An on-line listing of service providers by county from the Illinois Dept. of Human Services • Website: http://www.dhs.state.il.us/page.aspx?module=12&officetype=6
<p>Illinois Crisis/Emergency: Mental Health Partners/Providers in Illinois Serves: Illinois Residents</p>	<ul style="list-style-type: none"> • An on-line listing of Illinois service providers by city. • Website: http://www.dhs.state.il.us/page.aspx?item=30893
<p>Kane County Behavioral Health Council Website Serves: Kane County</p>	<ul style="list-style-type: none"> • Website provides links to local behavioral health services, monthly newsletter, trainings, and school based resources • Website: http://www.kanecountymentalhealth.org/members/kane-county-health-department/

<p>Linden Oaks at Edwards-Elmhurst Health Phone: 630-305-5027 Location: Naperville Serves: Adolescents and adults</p>	<ul style="list-style-type: none"> • Treats conditions such as anxiety, depression, eating disorders and self-injury for adolescents and adults. Leading center for the treatment of substance abuse and offer services for each stage of the recovery process, including inpatient and outpatient treatment, residential (for adults) and detoxification. Comprehensive eating disorders program. • Website: https://www.eehealth.org/services/behavioral-health
<p>Kendall County Health Department Phone: 630-553-9100 (24/7) Serves: All ages; residents of Kendall County Location: Yorkville</p>	<ul style="list-style-type: none"> • Crisis intervention • Family and individual therapy • Psychiatric services • Substance Abuse Treatment • Website: http://www.kendallhealth.org/mental-health/outpatient-services/
<p>Northwestern Medicine Behavioral Health Services Winfield Phone: 630-933-4000 Serves: Teen and Adult – Outpatient</p> <p>Northwestern Medicine Behavioral Health Services St. Charles Phone: 630-933-4000 Serves: Teen and Adult – Outpatient</p>	<ul style="list-style-type: none"> • Coordinated inpatient and outpatient care for emotional and mental health issues and substance abuse. • Specialized services include: Dual-diagnosis services for people facing both emotional issues and substance abuse, Transcranial magnetic stimulation (TMS)—a new alternative technology to treat severe depression, psychiatric subspecialties in addiction, geriatrics and forensics, and support groups. • Website: https://www.nm.org/conditions-and-care-areas/behavioral-health
<p>Presence Mercy Medical Center Location: Aurora Phone : 630-801-2657</p> <p>Presence St. Joseph Hospital Location: Elgin Phone: 847-931-5521</p> <p>Serves: Children, Adolescents, Adults, Seniors</p>	<ul style="list-style-type: none"> • In and out-patient services • Website: http://www.presencehealth.org/medical-services-behavioral-health-behavioral-health-services
<p>Linden Oaks at Edwards-Elmhurst Health Phone: 630-305-5027 Location: Naperville Serves: Adolescents and adults</p>	<ul style="list-style-type: none"> • Treats conditions such as anxiety, depression, eating disorders and self-injury for adolescents and adults. Leading center for the treatment of substance abuse and offer services for each stage of the recovery process, including inpatient and outpatient treatment, residential (for adults) and detoxification. Comprehensive eating disorders program. • Website: https://www.eehealth.org/services/behavioral-health

<p>Open Door Phone: Aurora 630-264-1619 Elgin: 847-695-1093 West Chicago: 630-520-0904 Locations: Aurora, West Chicago, Elgin (Bilingual) Serves: Age 13 and up</p>	<p><u>Psychiatric Services:</u></p> <ul style="list-style-type: none"> • Diagnostic evaluation • Discharge planning & inpatient support • Psychiatric medication management • Follow up care that is tailored to the unique needs of clients with coexisting health issues <p><u>Behavioral Health Services:</u></p> <ul style="list-style-type: none"> • Diagnostic evaluation • Behavioral health discharge planning • Chronic disease and chronic pain management • Non-intensive Substance Use, ASAM assessment, referral and treatment • Health related anxiety and trauma • Depression and related mood disorders • Learning to live a fulfilling life with HIV • Stigma associated with HIV/AIDS, mental health, substance use and LGBTQI concerns • Cognitive function screening & referral • Life stress management related to employment, relationships and finances <ul style="list-style-type: none"> • Website: https://odhcil.org/
<p>Riverview Counseling Services 630-587-3777 Locations: St. Charles, Batavia, South Elgin</p>	<ul style="list-style-type: none"> • Provides individual, family & group therapy to children & their families. • http://riverviewcounselingservices.com
<p>Rosecrance Phone: 815-391-1000 Serves: Adults, Adolescents, Children in Winnebago and Boone Counties</p>	<ul style="list-style-type: none"> • All services begin with a mental health screening. Except in emergency or crisis situations, individuals are seen on a first-come, first-served basis as a clinician becomes available • A treatment plan, financial expectations and a follow-up assessment plan all are developed during the screening. • Website: http://www.rosecrance.org/mental-health/
<p>Suicide Prevention Services of America Phone: 800-273-8255 Serves: All ages Location: Batavia</p>	<ul style="list-style-type: none"> • Depression hotline (24 hrs.) • Depression screening • On-site counseling • Support Groups • Website: http://www.spsamerica.org/
<p>Tricity Family Services Phone: 630-232-1070 Serves: All ages</p>	<ul style="list-style-type: none"> • Counseling • Bilingual • Early intervention programs

Location: Geneva	<ul style="list-style-type: none">• Caregivers connections program• Youth crisis intervention and stabilization program• Employment assistance• Website: http://www.tricityfamilyservices.org/
VNA Health Care Phone: 630-978-2532 Location: Aurora	<ul style="list-style-type: none">• Mental health outpatient services for children, adolescents, adults, and seniors• Sliding fee• Bilingual Counselors• Website: http://vnahealth.com/providers.cfm

SUPPORT GROUPS

Agency	Services
American Self-Help Group Clearinghouse	<ul style="list-style-type: none"> Information about mental illness issues Searchable database of over 1000 online self-help support groups Website: https://www.mentalhelp.net/
CHADD The National Resource on ADD Meetings: Aurora: Meets in Presence Mercy Hospital, Behavioral Health Building, Dunleavy Room, 1 st Thursday of each month, 6:30 – 8:30 PM.	<ul style="list-style-type: none"> Membership organization provides information, education and advocacy Free support group for families of children with ADHD Website: http://www.chadd.org/
Depression and Bipolar Support Alliance (DBSA) Phone: Aurora: 331-725-7545 Rochelle: 815-901-5338	<ul style="list-style-type: none"> Free peer-run support groups for those suffering with depression and/or bipolar illness. You will find comfort and direction in a confidential and supportive setting, and where you can make a difference in the lives of others. Webpage has information and online support for families. Website: http://www.dbsalliance.org/site/PageServer?pagename=home
Eating Disorders Anonymous	<ul style="list-style-type: none"> Follows 12-step approach. Listing of local meetings https://www.nationaleatingdisorders.org/
Emotions Anonymous Meetings: 77 N. Airlite Drive, St. Joseph's Hospital, <u>Elgin</u> Fridays at 7:30 675 N. Mulford Rd. <u>Rockford</u> ,St. Mark's Lutheran Church, Thursdays at 6:30 22W415 Butterfield Rd., <u>Glen Ellyn</u> , St. Barnabas Episcopal Church, Mondays @ 10 AM	<ul style="list-style-type: none"> Free support group for those in recovery 12 step program Website: http://emotionsanonymous.org/
Alcoholics Anonymous Phone: Aurora – 630-859-2444 DeKalb – 800-452-7990 Elgin – 847-742-7870 Naperville – 630-355-2622 St. Charles -- 630-377-6610	<ul style="list-style-type: none"> Website: http://www.aa.org/
AL-Anon Family Groups	<ul style="list-style-type: none"> Check website for location and meeting times Website: http://www.niafg.org/home_header_menu/meetings/meetingsnearme

Alateen	<ul style="list-style-type: none"> • https://al-anon.org/for-members/group-resources/alateen/
NAR-ANON Family Support	<ul style="list-style-type: none"> • Check On-line Guide for location and meeting times • Website: Groups http://www.nar-anon.org/what-is-nar-anon
National Alliance on Mental Illness (NAMI) Check website for location and meeting times	<ul style="list-style-type: none"> • Free support groups for those in recovery and groups for family and friends • Websites: <ul style="list-style-type: none"> ○ Kane-South, DeKalb, and Kendall Counties: https://www.namikdk.org/ ○ DuPage County: http://namidupage.org/ ○ Kane County North: https://www.namikcn.org/
Linden Oaks Behavioral Health: Support Groups Location: Naperville	<ul style="list-style-type: none"> • Free support groups • Website: https://www.eehealth.org/services/behavioral-health/specialties/support-groups
Overeaters Anonymous	<ul style="list-style-type: none"> • 12-step program, listing of meetings • https://oa.org/
Presence Mercy Behavioral Health Location: Aurora	<ul style="list-style-type: none"> • Free support groups • Website: http://www.presencehealth.org/presence-mercy-medical-center-aurora-calendar-of-events
Recovery International	<ul style="list-style-type: none"> • Chicago-based self-help mental health organization, sponsors weekly peer-led meetings as well as telephone and internet-based meetings • On the homepage, click on “Find a Meeting” • Website: http://www.lowselfhelpsystems.org/
Schizophrenia and Related Disorders Alliance of America	<ul style="list-style-type: none"> • Self-help group to support the recovery of people who experience schizophrenia • DuPage Community Center SA Group 115 N. County Farm Rd. Room 123 Wheaton, IL 60187 • Meeting Day: Tuesday • Meeting Time: 2:30-3:30 PM • Website: https://sardaa.org/
Wrong Planet	<ul style="list-style-type: none"> • On-line forum for individuals with autism and their families • Website: http://wrongplanet.net/

SENIOR SERVICES

Agency	Services
Aurora Senior Services Phone: 630-897-4035 Location: Aurora	<ul style="list-style-type: none"> • Case management • Elder abuse intervention, information, referral and outreach • Shared housing • Adult day center • Nursing home ombudsman services • Website: http://auroratownship.org/senior-services/
DeKalb Township Elder Care Services Phone: 815-758-8282 Location: DeKalb	<ul style="list-style-type: none"> • Information and assistance • Comprehensive Case Coordination (assessment and care program) • Adult Protective Services • Self-Neglect Program • Money Management Program • Choices of Care Program (nursing home placement) • Website: http://dekalbtownship.com/board/funded-services/elder-care-services/
Elderly Care Services of DeKalb County Phone: 815-758-6550 Location: DeKalb	<ul style="list-style-type: none"> • Information and assistance • Comprehensive Case Coordination (assessment and care program) • Adult Protective Services • Self-Neglect Program • Money Management Program • Choices of Care Program (nursing home placement) • Website: http://ecsdekalb.org/about-us/
Lutheran Social Services Phone: 847-635-4600 Locations: Aurora, Batavia, DeKalb	<ul style="list-style-type: none"> • Low income housing • On-site social service coordinators at every site to help with federal, state and local benefits and resources • Amenities such as full kitchens, cable access, carpeting and Lifeline Emergency call system • Several sites offer additional amenities like a beauty shop, community rooms, and laundry facilities • Website: http://www.lssi.org/services-affordable-housing.php
Senior Services Associates Phone: Aurora: 630-897-4035 Elgin: 847-741-0404 Yorkville: 630-553-5777 Emergency: 800-942-1724 Locations: Aurora, Elgin, Yorkville Serves: Ages 60 and over	<ul style="list-style-type: none"> • Bilingual Case Managers and Receptionist • Housing: Assisted and Supportive Living facilities • Caregiver assistance and help in the home • Assist with Legal Issues, Medicare Issues, and Veterans Issues • Long Term Care Facilities • Prescription Assistance • Property Tax Issues • Transportation • Utility Assistance • Website: https://seniorservicesassoc.org/

SUBSTANCE ABUSE

Agency	Services
<p>Gateway Foundation Phone: 877-505-4673 Location: Aurora Serves: Teens and Adults</p>	<ul style="list-style-type: none"> • Aurora Drug Treatment Center offers Adult Residential Programs and Outpatient Programs struggling with alcoholism and drug abuse. • Offers specialized outpatient substance abuse treatment for teens. • Accepts health insurance. Also provides assistance to help understand what services are covered, deductibles and co-pays. • Website: http://recoverygateway.org/drug-rehab-centers/northern-illinois/aurora/
<p>Kendall County Health Department, Substance Abuse Outpatient Services Phone: 630-553-9100 Serves: Adolescents and adults in Kendall County Location: Yorkville</p>	<ul style="list-style-type: none"> • Substance Abuse Treatment Services • Services include but are not limited to: individual, group, and family counseling. • Individuals are supported while they learn to live without the harmful consequences of drug and alcohol misuse. • Website: http://www.kendallhealth.org/mental-health/substance-abuse-outpatient-services/
<p>Lighthouse Recovery Center Phone: 630-940-2468 Serves: Adults and adolescents Location: St. Charles</p>	<ul style="list-style-type: none"> • Outpatient substance abuse treatment program • Level I and Level II group treatment • DUI evaluations and counseling • Website: http://lighthouserecoverystcharles.com/
<p>Renz Center Phone: Assessment: 847-742-3545 Elgin: 847-742-3545 St. Charles: 630-513-6886 Location: St. Charles, Elgin Serves: Teens and adults</p>	<ul style="list-style-type: none"> • Substance abuse and problem gambling treatment services • HIV prevention services • Teen pregnancy prevention education • Employee assistance services for small businesses • Substance abuse prevention education for youth and the community • Website: http://www.renzcenter.org/
<p>Rosecrance Phone: 888-928-5278 Location: Many locations in IL</p>	<ul style="list-style-type: none"> • Prevention, intervention, detoxification • Inpatient and outpatient treatment • Experiential therapies • Dual-diagnosis care • Family education • Website: http://www.rosecrance.org/
<p>The Power of Choice - website</p>	<ul style="list-style-type: none"> • Provides information (resources, newsletters, and podcasts) on effective ways to connect with your teen, learn about substance abuse and the early warning signs, how to keep you child safe and support them making healthy choices about alcohol, tobacco, and other drugs. • This is a massive communications campaign taking place in all District 203 and District 204 high schools and junior high/middle schools. The Power of Choice is an effective, data-driven, outcome-based, ongoing, community collaborative project that recognizes the Power youth have to impact the quality of their lives by making Choices that keep all possibilities open for a bright future. • Website: http://thepowerofchoice.info/

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TRANSPORTATION

Agency	Services
<p>Kendall Area Transit Serves: Kendall County Residents Phone: 630-882-6970</p>	<ul style="list-style-type: none"> • Must be a registered rider • Hours of service 7AM to 5PM, Monday through Friday • Reservation hours 8AM to 3PM, Monday through Friday • Website: http://www.co.kendall.il.us/
<p>Regional Transportation Authority Serves: Cook, Lake, Will, Kane, McHenry, and DuPage Counties Phone: 847-364-7223 Option 3</p>	<ul style="list-style-type: none"> • Pace Fixed Route Bus Service • ADA Paratransit Service (including the Taxi Access Program) • Vanpool Incentive Program and Pace Ride Share • Traditional Vanpools • Metra Feeder Vanpools • Advantage Vans • Alternative Community Transit Services • Call-n-Rides • Dial-a-Rides • Community Vehicle Program • Employer Shuttles • Commuter Links (Shuttle Bugs) • Circulators • Website: http://www.pacebus.com/default.asp
<p>Senior Services Associates Phone: Volunteer Transportation Services: Aurora: 630-897-4035 Elgin: 847-741-0404 Yorkville: 630-553-5777 Emergency: 800-942-1724 Ride in Kane: Elgin Phone: (847) 741-0404 Aurora Phone: (630) 897-4035 Aurora Township Phone: (630) 892-1999 Serves: Ages 60 and over</p>	<ul style="list-style-type: none"> • Volunteers Transportation Services: We are here to help seniors, aged 60 or better, to access transportation services. This program’s volunteers provide free transportation for seniors who live in Kane, Kendall or McHenry County. Many of our clients depend on our generous and caring volunteers to take them to their doctor; to the hospital for chemo treatments or dialysis; to a pharmacy or grocery store, to nutrition sites, to attend activities at senior centers, and much more • Ride in Kane: Ride in Kane is an affordable curb-to-curb transportation service that takes registered riders anywhere within a 10-mile radius in Kane County. Riders can make a reservation to get to doctor appointments, go grocery shopping, church, the movies or any other place they would like to go. Pace Bus, Kane County and various partnering municipalities such as cities, townships or villages sponsor this program. Features of the Ride in Kane program include: <ul style="list-style-type: none"> ○ Transportation services are available by reservation, 24 hours a day, 7 days a week, 365 days a year – including weekends and holidays. ○ The cost is \$4.00 each way (\$1.50 for each mile over the 10-mile radius.) ○ One travel companion (i.e. spouse, family member, friend, etc.) may ride with a registered rider at NO additional charge. ○ To participate in the Ride in Kane program, you must: ○ Register for Transportation Service In order to participate in the Ride in Kane transportation program, you must be a registered rider. To find out how to become a registered rider, contact the Ride in Kane information line at 888-480-8549. For Elgin Residents call 847-741-0404 to register. ○ To register, you must live in a sponsoring municipality and provide proof of your age or disability.

	<ul style="list-style-type: none"> • Website: https://seniorservicesassoc.org/programs/transportation-services/
<p>Voluntary Action Center; TRANSVAC/MEDVAC Serves: DeKalb County Residents Phone: Information: 815-758-3932, Reservations: 815-758-6641</p>	<ul style="list-style-type: none"> • Must be registered user • Reservations made between 7AM through 7PM • Rides available from 7AM through 11PM, Monday through Thursday and 7AM through 9PM on Fridays • Persons with disabilities and Medicaid card holders ride for free • Website: http://vacdk.com/

THERAPEUTIC SCHOOLS

Agency	Services
<p>Amita Glen Oaks Therapeutic Day School Phone: 630-966-1811 Location: North Aurora Serves: K 9 -12</p>	<ul style="list-style-type: none"> • Therapy and academic curriculum • Payment is by the school district. Need referral from student’s home (local) school • Website; http://www.keepingyouwell.com/agh/care-services/glenoaks-therapeutic-day-school
<p>Behavioral Perspective Inc. of Aurora Phone: 888-308-3728</p>	<ul style="list-style-type: none"> • Apple Academy is an ABA-based day program for children with Autism ages 3 to 7. Programming is provided by Behavioral Perspective Inc. at the Aurora clinic. A play-based, highly individualized program and research-based curriculum compliments our 1:1 ABA therapy in a structured group setting. • Website: http://www.bpiaba.com/services-provided.html
<p>Clare Woods Academy Phone:630-289-4221 Location: Wheaton Serves: Ages 5 - 21</p>	<ul style="list-style-type: none"> • Non-public alternative day school • Website: http://www.blcinc.org/clare-woods-academy/
<p>Elmhurst Learning and Success Academy Elmhurst College Location: Elmhurst Phone: 630-617-3400 Serves: Ages 18 - 28</p>	<ul style="list-style-type: none"> • At Elmhurst College, we provide an inclusive environment on a college campus, with opportunities for students to interact with their peers in various activities. Students are able to participate in most clubs, organizations, events and other activities on campus along with their degree-seeking peers. While in the program, students may also seek paid part-time student worker positions. We want our students to continue to grow as individuals and build their skills for lifelong- learning opportunities, with the goal to work productively and live as independently as possible. • Focus Areas: Academics and Career Exploration, Independent Living Skills, Social and Recreational Skills • Website: https://www.elmhurst.edu/academics/elmhurst-learning-success-academy/
<p>Little Friends Phone: 630-355-6533 Location: Naperville Serves: Ages 5 - 21</p>	<ul style="list-style-type: none"> • Mansion High School: Students are often diagnosed with Depression, Anxiety Disorder, Bipolar Disorder, School Refusal, Attention Deficit/Hyperactivity Disorder, Agoraphobia, Post –Traumatic Stress Disorder • Bridge High School: Students often diagnosed with Autism, Cognitive Disability, Emotional Instability • Krejci Academy: (Ages 5- 21) Serves students with Autism, Developmental Disability, OHI, Emotional Disability, Intellectual Disability, and Multiple Impairments. At Krejci Academy, we teach the skills students need to live in our community. Our therapeutic environment adapts to their needs, whether your child is mastering basic life skills or studying more traditional academics. Regardless of learning style, we teach community integration to every student. Education extends to families. We offer parent and sibling support groups, counseling and in-home consultation; so, you, your child and your family have support for everyday life. • Life Skills Training Center: For clients and their families, every day presents a new challenge, as well as an opportunity for growth. The Lifeskills Training Center will help your child develop their everyday communication and behavioral skills, while working with parents to foster success at home. One of

	<p>the first of its kind, the Center is an intensive residential training program, a place where children with autism can develop basic life skills.</p>
<p>The School of Expressive Arts and Learning (SEAL) Phone: Lombard: 630-916-6340 Woodstock: 815-337-2005 Romeoville: 630-226-0004 Serves: Grades 1 – 12 (to age 22)</p>	<ul style="list-style-type: none"> • SEAL provides a K-12 curriculum, which includes primary (grades 1-3), intermediate (grades 4-6), junior high (grades 7 & 8), high school (grades 9- 12) and services as indicated until the age of 22. • A variety of classes are available to meet individual student needs including vocational services, transition services and graduation requirements. All students have the opportunity to participate in enrichment classes such as Art and Music. These domains coupled with SEAL’s therapy approach, Expressive Therapy, provide additional opportunities for student personal, emotional, and social growth. This unique and supportive environment encourages positive risk taking and enhancing self-esteem while meeting specific areas of need as outlined by the student’s IEP. • Upon enrollment, the school staff will assess the student’s functioning in academic, personal and interpersonal skills and provide programming that is developmentally appropriate. • Website: http://seal-il.com/
<p>Summit School, Inc. Phone: 847-468-0490 Location: Elgin Serves: Pre-School – K12</p>	<ul style="list-style-type: none"> • 14-7.02 special education center approved by the State of Illinois in Specific Learning Disabilities, Other Health Impairment, Emotional Instability, and Autism Spectrum Disorder • Website: http://summitinc.org/

GENERAL INFORMATION RESOURCES

Agency	Services
Mental Health America	<ul style="list-style-type: none"> Information on mental health, getting help, and taking action Website: http://www.mentalhealthamerica.net/
National Council for Behavioral Health	<ul style="list-style-type: none"> Locate mental health and addictions treatment facilities in your community Website https://www.thenationalcouncil.org/
National Empowerment Center	<ul style="list-style-type: none"> The mission of the National Empowerment Center is to carry a message of recovery, empowerment, hope, and healing to those diagnosed with a mental illness. The center provides information and advocacy resources. Website: http://power2u.org/
National Institute of Mental Health	<ul style="list-style-type: none"> Provides a wealth of information on mental health topics Website: https://www.nimh.nih.gov/index.shtml
American Association of Suicidology	<ul style="list-style-type: none"> Public awareness programs, public education, training for professionals and volunteers Website: http://www.suicidology.org/
American Foundation for Suicide Prevention	<ul style="list-style-type: none"> Information on suicide, support for survivors, prevention, research, and more Website: https://afsp.org/
Brain & Behavior Research Foundation	<ul style="list-style-type: none"> Provides information and downloadable fact sheets on depressive disorders Website: https://www.bbrfoundation.org/
Depression Screening	<ul style="list-style-type: none"> Information and resources on depression Website: https://www.depression.org/
MoodGYM	<ul style="list-style-type: none"> This Cognitive Behavioral Therapy website has been evaluated in a scientific trail and found to be an effective tool in relieving depression symptoms if people work through it systematically https://www.moodgym.com.au/
Postpartum Support International	<ul style="list-style-type: none"> Support, education, and list of local providers Toll-free helpline 800-944-4773 Website: http://www.postpartum.net/
Progressive Relaxation	<ul style="list-style-type: none"> Progressive relaxation tapes can be downloaded from Hobart and William Smith Colleges' website Website: http://www.hws.edu/studentlife/counseling_relax.aspx
Suicide Prevention Resource Center	<ul style="list-style-type: none"> Suicide prevention resources Website: http://www.sprc.org/
Anxiety and Depression Association of America	<ul style="list-style-type: none"> Information on diagnosis and treatment Website: https://adaa.org/

Benson-Henry Institute for Mind Body Medicine	<ul style="list-style-type: none"> • The Benson-Henry Institute at Massachusetts General Hospital provides an online store providing CDs, DVDs and books on relaxation techniques. • https://www.bensonhenryinstitute.org/
E-couch	<ul style="list-style-type: none"> • Information on anxiety and depression • Online interventions designed to equip user with strategies to improve mood and emotional state • https://ecouch.anu.edu.au/welcome
Freedom from Fear	<ul style="list-style-type: none"> • Information and screening tools for anxiety disorders • http://www.freedomfromfear.org/
International OCD Foundation	<ul style="list-style-type: none"> • Information on obsessive-compulsive disorder • https://iocdf.org/
Pendulum	<ul style="list-style-type: none"> • Information on bipolar disorder • http://www.pendulum.org/
Schizophrenia.com	<ul style="list-style-type: none"> • Information, support and education for family members • http://schizophrenia.com/
Schizophrenia and Related Disorders Alliance of America	<ul style="list-style-type: none"> • SARDA promotes hope and recovery through support programs, education, collaboration, and advocacy. • https://sardaa.org/
National Council on Alcoholism and Drug Dependence, Inc.	<ul style="list-style-type: none"> • Information includes local resources • https://www.ncadd.org/
National Institute on Alcohol Abuse and Alcoholism	<ul style="list-style-type: none"> • Information on research • https://niaaa.nih.gov/
National Institute on Drug Abuse	<ul style="list-style-type: none"> • Information for parents, teens, health professionals • https://www.drugabuse.gov
Substance Abuse and Mental Health Services Administration	<ul style="list-style-type: none"> • Information on substance abuse disorders • https://www.samhsa.gov
Drug Screening.Org	<ul style="list-style-type: none"> • Answer a few short questions about your past and present use of various drugs, such as marijuana, cocaine, tobacco, inhalants or alcohol. You'll get feedback about the likely risks of your drug use, and advice about when and where to seek more information, evaluation, and help. • http://drugscreening.org/
Alcohol Screening.Org	<ul style="list-style-type: none"> • Answer questions will take only a few minutes, and will give you personalized results based on your age, gender and drinking patterns. We will not share your answers or any information about you with anyone. • http://www.alcoholscreening.org/Home.aspx

National Association of Anorexia Nervosa and Associated Disorders	<ul style="list-style-type: none">• Information, how to seek help, support groups• http://www.anad.org/
National Eating Disorders Association	<ul style="list-style-type: none">• Stories of recovery, information on how to seek treatment, resources for school professionals and caregivers• https://www.nationaleatingdisorders.org/