

Resource Guide

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CRISIS SERVICES/HOTLINES

Ben Gordon Center, DeKalb 866.242.0111 24/7 Hotline

Ben Gordon Center, Sandwich

Offers individualized care from qualified and dedicated professionals* that are here for you and your family.

Crisis Line of the Fox Valley Association for Individual Development (AID) 877.243.0001

Web form to request services or make a referral.

Center on Halsted 773.871.CARE (2273) LGBTQ Violence Resource Line

Comprehensive community center dedicated to advancing community and securing the health and well-being of the Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) people of Chicagoland. Open 8 am - 9 pm, 773.472.6469 during normal business hours.

Childhelp National Child Abuse Hotline 24/7 1.800.422.4453

Child Abuse Hotline live chat

Childhelp exists to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children. They focus their efforts on advocacy, intervention, treatment, prevention, family resilience and community outreach.

Crisis Text Line Text 'HOME' to 741741

Crisis text line WhatsApp

Consumer and Family Care Line 1.866.359-7953 TTY: 1.866.880.4459

The Illinois Mental Health Collaborative for Access and Choice is a resource for accessing relevant information about services, to get connected with the collective, get answers to questions and responses to concerns, and to stay informed about Illinois mental health news. The Warm line is also found here, an opportunity in Illinois for anyone age 12 and up to receive support by phone.

Ecker Center for Mental Health 847.695.0484

This link will take you to the web page for the Ecker Center crisis intervention and stabilization services. Below the crisis services there is a list of services and treatment programs they provide.

National Runaway Safeline

By phone **1.800.786.2929**, <u>live chat</u>, <u>email</u>, <u>chat forum</u>, and they are currently developing a text function. You can also find blogs and articles on the website.

NAMI Information Helpline

Operates 10 am - 10 pm EST (9 am - 9 pm central time) 1.800.950.NAMI (6264), or email at helpline@nami.org. HelpLine volunteers are working to answer questions, offer support and provide practical next steps.

National Suicide Prevention Lifeline 1.800.273.TALK (8255), on 7/16/2022 it will become 988

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Suicide Prevention Services 800.273.8255, chat online

24-hour phone hotline, counseling, depression screening, workshops, prevention training, intervention in schools, support groups and annual awareness events.

Trevor Project Lifeline 1.866.488.7386, text 678678, web chat

Here you can reach out to a counselor if you're LGBTQ+ and struggling, to find answers and information, and get the tools you need to help someone else. Call, text, or chat anytime you need support. If you are thinking about suicide, or feeling lonely, they are there to listen.

Teen Line 1.800.852.8336 6 pm - 10 pm PST (8 pm - 12 am central time), text 'TEEN' 839863 6 pm - 9 pm PST (8 pm - 11 pm central), email

Teen Line's highly trained teen listeners provide support, resources and hope to any teen who is struggling.

<u>Postpartum Support International</u> **text or call 1.800.944.4773 English, text 971.203.7773 for Español** The mission of Postpartum Support International is to promote awareness, prevention and treatment of mental health issues related to childbearing in every country worldwide.

ULifeline

Online resource for college mental health, essential information about how to manage your emotional health, cope with challenges, and support the people in your life. When someone you're close to is struggling, as their friend, you're often the first to notice and also uniquely positioned to reach out and offer support.

Crisis Nurseries

The Department of Human Service partners with crisis nurseries service providers to meet the needs of families who experience short-term crisis. Six nurseries in Illinois currently provide respite and short-term care for some of Illinois most fragile families, many of whom experience crisis due to lost employment, medical emergencies, violence, and family dysfunction. The goal of the crisis nursery program is to reduce parental stress, change parenting skills, and reduce the risk of child maltreatment. The families served often need family stabilization, child abuse prevention or other critical support services. Eligibility is determined by need and referrals are accepted from the Department of Children and Family Services, community agencies, schools, social service providers, hospital or medical providers, family and/or friend referrals or by self referral through contacting the crisis nursery directly.

BEHAVIORAL AND MENTAL HEALTH SERVICES

AUTISM

Behavioral Perspective Inc. of Aurora for ages 3-7

Offers clinical services such as in-home Applied Behavioral Analysis (ABA) therapy, Apple Academy (in-clinic ABA therapy), social skills groups & peer sessions, and parent training. They also do community events and outings, consultation with school districts and other private therapists and insurance support for children with autism.

info@bpiaba.com, 888-308-3728

<u>Turning Pointe (Autism Foundation)</u> for adults, children, and teens
Offers education, career development, recreation & fitness, residential and family support services **contactus@turningpointeaf.org**, **630-570-7948**

Autism Speaks: Online List of Resources

help@autismspeaks.org, 1-888-AUTISM2 (1-888-288-4762)

Wrong Planet (autism spectrum)

Giant Steps

Autism Education: Every student attending the Day School at Giant Steps has an Individualized Education Program (IEP) to meet their specific needs and goals within four service domains: cognitive learning and awareness, communication abilities, social/emotional development, and motor skills.

Training: The Autism Training Center (ATC) provides guidance and support to families touched by autism. The ATC offers consulting, training and seminars for individuals and families touched by autism, as well as schools, community organizations, early intervention centers, respite providers, police, paramedics, and emergency workers.

Therapy: Speech/communication therapy, occupational therapy, neurologic music therapy, social work and applied behavior analysis are available in a one-on-one approach tailored to each student's needs. Specific physical and creative sessions include dance therapy, yoga, fitness training, social and interactive groups, piano and music lessons, and canine training.

Recreation: Our Rec Center provides after school activities that complement our education curriculum, including a computer lab, sensory and motor rooms, and dance and yoga areas, art and express yourself centers, as well as fitness facilities.

630-864-3800

Little Friends

Non-profit organizations providing services for children and adults with autism and other developmental disabilities and their families

630-355-6533

Fox Valley Special Recreation Association (FVSRA)

Provides year-round recreational programs for individuals with disabilities by working with staff to mainstream participants into Park District sponsored recreation programs.

info@fvsra.org, 630-845-9644

THERAPY

Prairie Clinic 630-845-9644 Geneva

The Prairie Clinic provides a number of services to individuals with Autism Spectrum Disorders [ASD), families, professionals, and school districts:

Individual counseling, family counseling, staff training, school programming, in-services, and consultative services. Interventions apply to individuals with ASD themselves as well as the families that care for them, the professionals that work with them, and the school districts that strive to provide the Least Restrictive Environment (LRE) for them to learn in.

Graceful Therapy 630-733-9108 Oswego

Provides individual, couples and family therapy.

A.I.D. Association for Individual Development 877-243-0001 & 630-966-9393 Aurora info@AlDcares.org

Crisis Intervention

Crisis Hotline (630-966-9393)

Homeless Youth Hotline- Ages 18 to 20 (630-966-9393)

Sunshine Calls

Victim Services

Outpatient Mental Health/Substance Abuse Services

Individual and Group Counseling

Case Management

Psychosocial Rehabilitation

Alcohol and other drugs abuse services

Aunt Martha's Community Health Network 877-692-8686 Aurora

Child, adolescent and adult services

Telepsychiatry

Medication management

Counseling

Comprehensive diagnostic evaluation and assessment

Aurora Township Youth Services Ages 7-17 Aurora

Delinquency Prevention Program

Indoor and Outdoor Soccer, Basketball, Climbing Wall

Tutoring

Daily Snack Program

Weekly Art Projects

Community Service Program

Summer Camps

Summer Lunch Program

Breaking Free 630-897-1003 info@mutualground.org Aurora

Counselina

Continuing care and recovery services

Family education and support services

Family intervention

Parenting programs

Centennial Counseling St. Charles 630-377-6613, Sandwich 815-786-8606, Yorkville 630-553-1600

Specialists in marriage, family, and individual counseling

Multidisciplinary team of seasoned and well-trained mental health

professionals are licensed in psychology, social work, marriage and family therapy, or professional counseling

Psychological testing and assessments

Ecker Center for Mental Health 847-695-0484 Elgin

Case Management (housing, food, transportation, public assistance, financial

and vocational training, living skills, counseling)

Psychiatric Emergency Program

Psychiatric services

Therapy

Short-term residence for adults

Sliding fee for residents of Geneva (certain areas), St. Charles, Campton, Virgil, Elgin, Plato, Burlington,

Hampshire, Rutland, Dundee, Barrington, and Hanover Townships

Aurora Family Counseling Service 630-844-2662 Aurora & Oswego

Psychiatric Services

Counseling, Counseling groups

Case Management

Crisis Intervention

Mentoring for children (ages 6 – 17)

The GARAGE is a 1-2-1 mentoring program.

Substance abuse treatment

Parent education

Older adult services

DeKalb Family Service Agency 815-758-8616 DeKalb info@fsadekalbcounty.org

Counseling

Senior Services

Family Service Assoc. of Greater Elgin 847-695-3680

Screening and assessment

Therapy services

Fox Valley Hands of Hope 630-232-2233 Geneva info@fvhh.net

Grief Support and Supportive Care

Volunteer Patient Support

Assisted Living Volunteer Patient Support

Medical Equipment Loans

Spanish Language Program

In Step Behavioral Health 630-262-2640 St. Charles

Diagnostic Evaluation

Treatment Recommendations

Medication Management

Psychotherapy

Psychological/Neuropsychological Testing

Substance Abuse Treatment

Co-occurring Disorder Treatment

Innovative Behavior Health 630-913-7045 Oswego & Naperville info@innovativebehavioral.com

Individual Counseling for Adults, Children, Teens, and Seniors

Family, Blended Family, and Single-Parent Counseling and Support

Couples, Relationship, Marital, and Pre-Marital Counseling and Psychotherapy

Psychotherapy for Children with Behavioral, Learning, or Mental Health Issues Recovery Assessment and Support for Substance Use and Abuse Life Coaching, Business and Entrepreneurial Coaching Counseling Support for Military Personnel and their families

Hines Veterans Administration Hospital Mental health clinic: 708-202-2002 Hines, IL

Behavioral Health services including individual and group counseling that is available only to veterans of the armed services

Illinois Crisis/Emergency: Mental Health Partners/Providers in Illinois 800-843-6154 & 866-324-5553

An on-line listing of service providers by county from the Illinois Dept. of Human Services

Kane County Behavioral Health Council Website 847-697-2380 & 630-966-9393

Website provides links to local behavioral health services, monthly newsletter, trainings, and school based resources

Linden Oaks at Edwards-Elmhurst Health 630-305-5027 Naperville

Treats conditions such as anxiety, depression, eating disorders and self-injury for adolescents and adults. Leading center for the treatment of substance abuse and offer services for each stage of the recovery process, including inpatient and outpatient treatment, residential (for adults) and detoxification. Comprehensive eating disorders program.

Kendall County Health Department Outpatient Services 630-553-9100 (24/7) Yorkville

Crisis intervention

Family and individual therapy

Psychiatric services

Substance Abuse Treatment

Northwestern Medicine Behavioral Health Services Winfield 630-933-4000 Winfield

Open Door (Igbtq) Aurora 630-264-1619 Elgin: 847-695-1093 West Chicago: 630-520-0904

Psychiatric Services:

Diagnostic evaluation

Discharge planning & inpatient support

Psychiatric medication management

Follow up care that is tailored to the unique needs of clients with coexisting health issues

Behavioral Health Services:

Diagnostic evaluation

Behavioral health discharge planning

Chronic disease and chronic pain management

Non-intensive Substance Use, ASAM assessment, referral and treatment

Health related anxiety and trauma

Depression and related mood disorders

Learning to live a fulfilling life with HIV

Stigma associated with HIV/AIDS, mental health, substance use and LGBTQIA+ concerns

Cognitive function screening & referral

Life stress management related to employment, relationships and finances

Rosecrance 815-391-1000 & 866-330-8729 Rockford

Prevention, intervention, detoxification Inpatient and outpatient treatment Experiential therapies Dual-diagnosis care Family education

Suicide Prevention Services of America 800-273-8255 Batvia info@spsamerica.org

Depression hotline (24 hrs.) Depression screening On-site counseling Support Groups

<u>Tricity Family Services</u> **630-232-1070** Geneva <u>info@tricityfamilyservices.org</u>

Counseling

Bilingual

Early intervention programs

Caregivers connections program

Youth crisis intervention and stabilization program

Employment assistance

VNA Health Care 630-526-7873 communications@vnahealth.com

Mental health outpatient services for children, adolescents, adults, and seniors Sliding fee Bilingual Counselors

SUPPORT GROUPS

Depression and Bipolar Support Alliance (DBSA) 800-826-3632 Chicago

Free peer-run support groups for those suffering with depression and/or bipolar illness. You will find comfort and direction in a confidential and supportive setting, and where you can make a difference in the lives of others.

Webpage has information and online support for families.

Eating Disorders Anonymous 800-931-2237

Emotions Anonymous 651-647-9712

Free support group for those in recovery

<u>Alcoholics Anonymous</u> Aurora – **630-859-2444** DeKalb – **800-452-7990** Elgin – **847-742-7870**

Naperville - **630-355-2622** St. Charles -- **630-377-6610**

AL-Anon Family Groups

Search engine to help you find groups near you

Alateen 888-425-2666

Support group for teens with family or friends that struggle with alcohol

NAR-ANON Family Support 800-477-6291

A 12-Step Program for Family & Friends of Addicts

Linden Oaks Behavioral Health: Support Groups 630-305-5027 Naperville

Free support groups

Overeaters Anonymous 505-891-2664

SUBSTANCE MISUSE

Gateway Foundation Aurora 855-944-3595

Aurora Drug Treatment Center offers Adult Residential Programs and Outpatient Programs struggling with alcoholism and drug abuse.

Offers specialized outpatient substance abuse treatment for teens.

Accepts health insurance. Also provides assistance to help understand what services are covered, deductibles and co-pays.

addicted.org rehab resource 800-304-2219

Addiction services available in Illinois

Kendall County Health Department, Substance Abuse Outpatient Services 630-553-9100 Yorkville

Substance Abuse Treatment Services

Services include but are not limited to: individual, group, and family counseling.

Individuals are supported while they learn to live without the harmful consequences of drug and alcohol misuse.

Lighthouse Recovery Center 630-940-2468 St. Charles

Outpatient substance abuse treatment program
Level I and Level II group treatment
DUI evaluations and counseling

Renz Center 847-695-0484 St. Charles & Elgin

Substance abuse and problem gambling treatment services

HIV prevention services

Teen pregnancy prevention education

Employee assistance services for small businesses

Substance abuse prevention education for youth and the community

Rosecrance 815-391-1000 & 866-330-8729 Rockford

Prevention, intervention, detoxification Inpatient and outpatient treatment Experiential therapies Dual-diagnosis care Family education

The Power of Choice - 360 Youth Services - website Naperville

Provides information (resources, newsletters, and podcasts) on effective ways to connect with your teen, learn about substance abuse and the early warning signs, how to keep you child safe and support them

making healthy choices about alcohol, tobacco, and other drugs.

This is a massive communications campaign taking place in all District 203 and District 204 high schools and junior high/middle schools. The Power of Choice is an effective, data-driven, outcome-based, ongoing, community collaborative project that recognizes the Power youth have to impact the quality of their lives by making Choices that keep all possibilities open for a bright future.

DOMESTIC/INTIMATE PARTNER VIOLENCE

National Dating Abuse Helpline

Mutual Ground Domestic Violence: 630-897-0080 Sexual Assault: 630-897-8383 Aurora

Comprehensive victim services

Shelter; prevention, intervention, and on-going support

Services are free of charge

Rape, Abuse, Incest National Network (RAINN)

The nation's largest anti-sexual violence organization; They created and operate the National Sexual Assault Hotline **800-656-HOPE(4673)**, they offer an option for chat through their website and they also offer services in Spanish https://www.rainn.org/es

Community Crisis Center 847-697-2380 Elgin

Provides comprehensive services to individuals and families in crisis due to domestic violence, sexual assault, or economic/ financial difficulties. The mission of the Community Crisis Center is to provide Safety, Hope, Advocacy, Respite and Education for those impacted by crisis and violence. Services are free of charge

Safe Passage 815-756-5228 (24/7) DeKalb

Provides a wide range of services to victims of domestic and sexual violence including crisis intervention and medical advocacy for victims, short- and long-term housing for victims and their children, counseling, legal advocacy, children's services, prevention programming, and a partner abuse intervention program. Services are free of charge

FAMILY AND CHILD RESOURCES

360 Youth Services 630-717-9408 Naperville

Counseling Programs

Many insurance plans are accepted and special accommodations can be arranged for families who are struggling financially.

Mentor Programs

Prevention Programs - helping youth make healthy choices and preventing youth substance use. Housing Programs - When housing is uncertain, everything in a young person's life seems to fall apart. At 360 Youth Services, housing and support services are provided to young adults, 18-24 years old, who were previously homeless, and teenage boys, 13-17 years old, who are unable to live with their families. Support services including life skills, budgeting, counseling, art therapy and more are provided. LGBTQ Collaborative

Adventure Works 815-517-0825 DeKalb info@adventureworksdekalb.org

Therapy through adventure experiences

Children's Conservation Corps (Elementary school through 5th grade)

Ascend – climbing group (High School) Balance Group (Middle school girls) Adventure U (School age) Archery (6th Grade and up) Traverse (18 -26)

Boy Scouts of America Three Fires Council-BSA 972-580-2000 Specialneeds.scouting@gmail.com Boy Scout and Cub Scout membership for those with learning, developmental, physical, or emotional disability

Day One PACT Geneva 630-879-2277 Lisle 630-960-9700

Life-spanning (birth to death) service coordination agency for people with developmental disabilities. Determines eligibility for services, linking people with the help they require, and assisting them in assuring their on-going satisfaction with their services.

Fee for service, Bilingual

DeKalb County Youth Services Bureau 815-748-2010 DeKalb

Youth and Family Counseling, Trauma Certified
Anger Management and Emotional Regulation
Drug and Alcohol Early Intervention
Court-Ordered Youth Programs
Group Counseling
Parenting Class
Se habla espanol

CHADD The National Resource on ADD 301-306-7070

Membership organization for families with an ADHD child, provides education, support groups, advocacy and information.

<u>Easter Seals Disability Services</u> **312-726-6200 (voice) 800-221-6827 (toll-free)** Chicago info@easterseals.com

Illinois Respite Coalition Toll-Free Statewide Respite Phone: 866-ILL-RESP

ilrespitecoalition@gmail.com

The Illinois Respite Coalition (IRC) is a not-for-profit organization of caregivers and respite providers dedicated to advocating support for families by ensuring access to quality respite services for the residents of Illinois. The IRC is dedicated to spreading the awareness of lifespan respite for caregivers of individuals with special needs. The IRC is able to assist caregivers by connecting them to resources in their area, provide training on respite topics, and have funding available for emergency respite.

Family Benefit Solutions 847-279-8506 Buffalo Grove benefithelp@aol.com

Help in making long-term decisions for a special needs child, a family member who has a chronic illness, or the elderly.

Recommended as a next step after visiting Day One PACT

Family Counseling Service of Aurora Aurora 630-844-2662 Oswego 331-999-3810

Community Support Groups for Children

Art Therapy

Money Management (ages 13 and up) Cooking Skills (ages 12 and up) Dance and Movement Therapy (ages 8 – 12)

Child Mind Institute 212-308-3118

Provides extensive medical information and resources for parents helping a child in distress

Community & Residential Services Authority 877-541-2772 Springfield

Responsible for identifying and addressing barriers facing parents, professionals and providers when trying to get needed services and programs

State agency. Services are free of charge.

Illinois Youth Resource for Mental Health, Well-Being & Resilience 630-276-5400 Naperville

A comprehensive guide for referral for children, adolescents and others to behavioral health services in Illinois. The Illinois Health and Hospital Association's (IHA) Behavioral Health Advisory Forum developed the guide with an emphasis on suicide prevention and marginalized youth.

Kane County Behavioral Health Council

Northern Kane County Crisis Line 847-697-2380 Southern Kane County Crisis Line 630-966-9393

isaacsonmichael@co.kane.il.us

Website provides links to local behavioral health services, monthly newsletter, trainings, and school based resources

My Recess Inc. 630-880-0993 info@myrecess.com

Look Through Their Eyes

Provides information and referrals for children experiencing trauma such as,but not limited to: bullying/cyberbullying, chaos or dysfunction in the house, death of a loved one, domestic violence, emotional abuse or neglect, incarcerated parent, parent with a mental illness, poverty, and a medical condition.

Simply Destinee 331-643-6001 Aurora simplydestinee1@gmail.com

Youth inspired Dance Team that promotes suicide awareness

Provides dance instruction for at-risk youth

Dedicated to caring for Aurora's youth and inspiring positive development in their lives, families, and community

\$25 registration fee; \$15 for each additional child; parents and children are responsible for fund raising or they can pay a monthly fee

The Power of Choice

Highly effective and proven substance use prevention campaign for students in school districts 203 & 204 and their parents, coordinated by <u>360 Youth Services</u>

Mesothelioma Hope 855-963-1024 Stacy@mesotheliomahope.com

Birth Injury Justice Center 855-940-2324 elocke@childbirthinjuries.com

Birth injuries, brain injuries, cerebral palsy, Erb's palsy, and other developmental disabilities.

Under the Rainbow 773-542-2000 Chicago

Outpatient mental health services, including Individual, family and play therapy
Multi-family group therapy
Therapy groups for children and teens
Social skills groups
Parenting groups
Psychiatry
SASS
Case management services

<u>Riverview Counseling Services</u> **630-587-3777 x101** St. Charles, Batavia, South Elgin Provides individual, family & group therapy to children & their families.

LEGAL AND FINANCIAL ASSISTANCE RESOURCES

LEGAL RESOURCES

Administer Justice 855-818-4554 Elgin Sliding scale legal advice

<u>DeKalb County Legal Self-Help</u> **815-895-7138** Sycamore Legal Library

DeKalb County Treatment Courts 815-895-7224 Sycamore

The DeKalb County Treatment Courts are inclusive of Drug Court, DUI Court and Mental Health Court. Our mission is to enhance public safety by combining effective substance abuse treatment and intensive judicial supervision in a therapeutic court setting for non-violent substance abusing offenders, in order to assist the participant in choosing and developing a structured, disciplined, law abiding drug free way of life.

Guardianship and Advocacy Commission 866-274-8023

The Legal Advocacy Service (LAS) was created so that eligible children and adults, who have a disability, could obtain legal advice and representation to protect and enforce their rights guaranteed by Illinois' mental health laws.

LAS attorneys provide needed assistance to persons with disabilities in a variety of settings: mental health facilities, residential programs, community placements, and nursing homes. Issues addressed include, but are not limited to: admission and discharge from hospitalization, adequate treatment, refusal of unwanted services, and confidentiality of mental health records.

Assistance takes the form of information, referral, and legal representation in court hearings and administrative proceedings.

Illinois Legal Aid Online

ILAO puts the law within reach for everyone with a legal problem in Illinois, regardless of their location, income, and education. People can access user-friendly online legal information and pro bono services from anywhere they can connect to the internet, including their mobile phone. ILAO simplifies our complex legal system and connects people to the best help that is available to them.

Illinois State Attorney General

Kane County - Child Support Division 630-232-3500 St. Charles

The Kane County State's Attorney's Office provides legal representation to the Illinois Department of Healthcare and Family Services under the authority of Title IV-D of the Social Security Act and the Illinois Public Aid Code.

Kendall County State's Attorney 630-553-4157 Yorkville

To receive assistance with your child support enforcement, you must sign up with HFS for the Title IV-D Program. The program can help you establish paternity, set support, modify support, extend support or file pleadings to address the nonpayment of support. By law, the County State's Attorney's Office cannot intervene in a child support case if the case is not registered with HFS.

DeKalb County State's Attorney 815-895-7164 Sycamore

Any custodial or noncustodial parent is eligible for the Title IV-D Program regardless of the income they earn.

Kane County Public Defender 630-232-5835 St. Charles

Kendall County Public Defender 630-553-4215 Yorkville

DeKalb County Public Defender 815-899-0760 Sycamore

Kane County Law Library and Self Help Center 630-406-7126 St. Charles

Provides legal information

Kane County Bar Association 630-762-1900 St. Charles

Prairie State Legal Services (815) 965-2134 Rockford

Free legal services

The resources webpage provides references to self-help information.

Elgin Mental Health Center

Facility for adults with severe mental illness that requires inpatient mental health treatment, for convicted individuals in the custody of the Illinois Department of Corrections

FINANCIAL RESOURCES

Aurora Township 630-897-8777

Rockford Diocese

Offers emergency assistance for rent, utilities, food, diapers and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel also can refer callers to appropriate community agencies that may be able to assist them.

Joliet Diocese

Offers emergency assistance for rent, utilities, food, diapers and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel also can refer callers to appropriate community agencies that may be able to assist them.

Community Contacts, Inc. 847-697-8800 Elgin, Dekalb, Aurora

Dedicated to helping low and moderate income families attain and maintain safe and affordable housing. CCI seeks to provide utility bill assistance, weatherization and housing rehabilitation for eligible households. They do this through a variety of programs that focus on energy conservation and the affordability of local housing stock. Their mission is to make affordable housing a reality for local, elderly, economically disadvantaged and disabled individuals and families.

Low Income Home Energy Assistance Program (LIHEAP) provide help with gas and electric bills. Affordable Rental Program - The purpose of the affordable rental program is to provide qualified participants single family homes for rent in Kane County.

Along with the specific criteria for the development of the affordable rental homes, the program outlines specific criteria for the families that would be eligible to rent a home with Housing Continuum Inc. The goal of the program is to provide rents that do not exceed 30% of a household's income.

Kendall Grundy Community Action

Kendall-Grundy Community Action (KGCA) provides a variety of services to residents of both Kendall and Grundy counties. Our programs offer assistance to income-eligible families to obtain the opportunities needed to encourage self-sufficiency.

Services include referrals to local resources, education scholarships, obtaining reliable transportation for employment purposes, employment assistance, homelessness prevention program (Kendall County only), and assistance with gas and electric bills

Medicare

Social Security Administration Phone: 800-772-1213 Aurora: 1-877-274-5412 Elgin: 1-877-405-0435

Aurora Salvation Army 630-897-7265

Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance

DeKalb Salvation Army 815-756-4308

Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance

Elgin Salvation Army 847-741-2304

Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance

Tri Cities Health Partnership Medical and Dental Clinic 630-377-9277 St. Charles

Tri City Health Partnership provides a wide range of high quality medical care to individuals in Central Kane County. At our clinic in St. Charles, Illinois, we treat all patients with dignity and respect, and they receive quality health care from qualified volunteer specialists.

Free of charge

*Veterans Assistance Commission of Kane County 630-232-3400 Geneva

HOUSING SERVICES

360 Youth Services 630-717-9408 Naperville

Housing Programs - When housing is uncertain, everything in a young person's life seems to fall apart. At 360 Youth Services, housing and support services are provided to young adults, 18-24 years old, who were previously homeless, and teenage boys, 13-17 years old, who are unable to live with their families. Support services including life skills, budgeting, counseling, art therapy and more are provided

Hesed House 630-897-2156 Aurora

Emergency shelter, daytime drop-in center, homeless prevention program, transitional living community, supportive housing, employment training and education, medical assistance, counseling, legal clinic

Hope Haven 815-758-5765 DeKalb

Emergency Shelter, Rapid Re-Housing, Life Skills Training, Permanent Housing Program

<u>Lazarus House</u> Shelter & Transitional Living: 630-587-2144 Rental/Utility Assistance: 630-587-5872

St. Charles

Safe shelter, food, personal hygiene items and shower and laundry facilities, clothing through the local clothes closet, health care through a local free clinic and other local funding.

Case management and referrals to the homeless and those at risk of homelessness with the goal of helping people retain or regain independent living.

Employment assistance and skills upgrade.

Classes that support successful living.

Services and programs focused on women and children at the Women and Children's Day Center, located across the street from the main shelter.

The Center for Transitional Living program provides more extended housing and services to qualifying homeless persons, including space for families to stay together.

Outreach and homeless prevention assistance for qualifying households that are struggling to pay their rent and utilities (through one-time and ongoing rental and utility assistance and case management services).

Lifespring (Wayside Cross Ministries-Aurora) 630-892-4239

Long term transitional living program for women and women with children, who have lost their housing due to addiction, abuse or financial reasons. This safe, loving "family" environment has the capacity to house up to 57 women and children and provides a six-month program teaching families the necessary skills to live independently.

Wayside Cross Homeless Center Elgin 847-695-4405

Food, clothing, laundry, showers, secure locker Counseling Case Management

A.I.D. Association for Individual Development (877) 243-0001

The purpose of this program is to help people with a mental illness live more independently in the community. People live in their own apartments with 24 hour staff support. Services include:

Individual and Group Counseling

Case Management

Help with Medications

Assistance in the Community

Skill building - such as budgeting, shopping, cooking, cleaning and laundry

Crisis Resolution

Healthy Living

Supported Living: This program is the next step in community independence. People live on their own and receive staff support at least once a week in their home.

Services are the same as those in Supervised Living but are not as intensive.

AIM Center for Independent Living 630-469-2300 Downers Grove

AIM Independent Living Center is a nonprofit organization dedicated to helping individuals with disabilities lead independent lives. AIM promotes an inclusive community by offering supports and services to people with disabilities, their families and friends, and the businesses that serve them.

Illinois Individual Placement and Support

Every client who wants to work is eligible for IPS services

Competitive jobs are the primary goal of supported employment

Supported employment services are integrated with comprehensive mental health treatment

Personalized benefits counseling is provided to every IPS client

People are placed in jobs when they say they're ready

Employment specialists receive extensive training in supported employment and in developing relationships with businesses and other employment opportunities

IPS clients receive job supports for as long as required

Thresholds 773-572-5500 Chicago

No Cost community support services, housing & residential programs, supported employment, evidence-based practices, and supported education

HOSPITALS

Amita Health

Amita Health - behavioral health

Advocate Good Samaritan Hospital

Comer Children's Hospital University of Chicago Medicine

Illinois Inpatient Mental Health Providers

Linden Oaks at Edwards-Elmhurst Health

Loyola Medicine

Lurie's Children's Hospital

Northwestern Medicine Behavioral Health Services Winfield

Northwestern Medicine Behavioral Health Services - St.Charles

KishHealth/Northwestern Medicine, DeKalb (Ben Gordon Center)

Streamwood Behavioral Healthcare System

Swedish American Mental Health Services - Rockford

University of Chicago Mercy Hospital and Medical Center

TRANSPORTATION

Kendall Area Transit
Pace Suburban Bus
Senior Services Association Transportation Services
Voluntary Action Center; TRANSVAC/MEDVAC

THERAPEUTIC SCHOOLS

Amita Glen Oaks Therapeutic Day School 630-966-1811 North Aurora

Third Grade through High School and Transition Program (ages 18-22)

State board approved alternative school dedicated to helping students with emotional disorders, higher-functioning autism, secondary learning disabilities and other health impairments flourish in an educational environment

Expressive Therapy: Animal assisted therapy, art therapy, music therapy, recreation therapy Social Work and Counseling: Group therapy and individual therapy

Behavioral Perspective Inc. of Aurora 888-308-3728 West Chicago

Ages 9-22

Individualized program based on the needs, strengths and priorities of each client and their family, with ongoing support and teaching of valuable new skills that families can implement permanently Applied Behavioral Analysis (ABA) Therapy: In-home and in-clinic therapy

Adult Services

Autism Diagnostic Observation Schedule (ADOS) Testing School Consultation

Parent Academy

Clare Woods Academy 630-289-4221 Wheaton

Ages 5-21

Assist learning and developmentally disabled youth and adults to become self-sufficient and self-directed, in personal growth, general health, education, social and emotional well-being and functional living skills Primary Department

Intermediate Department

High School Department

Vocational Department

Elmhurst Learning and Success Academy Elmhurst College 630-617-3752 Elmhurst

Ages 18-28

Four-year, post-secondary certificate program

On-campus program that follows the academic calendar of the University, with full-time and part time attendance

Academic and career exploration

Independent living skills

Social and recreational skills

Little Friends 630-355-6533 Warrenville

All Ages

Center for Autism: Therapeutic services, toi;et training, social skills groups School Programs: Krejci Academy (ages 3021) and Mansion High School

Community Day Services: Supported employment, subcontract services, Inklude studio, Colorburst

screen printing

Residential Services: Adult and children

Respite: Family services that offer multi-week sessions for children with special needs and their siblings

featuring indoor and outdoor activities and socialization opportunities

The School of Expressive Arts and Learning (SEAL) 630-642-5888 Yorkville

K-12 Curriculum and services as indicated for up to 22

Primary: Grades 1-3, Intermediate: Grades 4-6, Junior High: Grades 7-8, High School: Grades 9-12

Academic, guided assisted learning, and vocation/transition programs Clinical Services: Counseling, speech therapy, occupational therapy

Expressive Therapy: Music, recreation, art

Various clubs and sports

Summit School, Inc. - Elgin 847-468-0490 Elgin

GENERAL INFO RESOURCES

Mental Health America
National Council for Mental Wellbeing
National Empowerment Center