



Kane-south, DeKalb and Kendall Counties

Resource Guide

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CRISIS SERVICES/HOTLINES

[Ben Gordon Center, DeKalb](#) **866.242.0111 24/7 Hotline; The Living Room open 24/7**

[Ben Gordon Center, Sandwich](#) **866.242.0111 24/7 Hotline**

Offers individualized care from qualified and dedicated professionals* that are here for you and your family.

[Crisis Line of the Fox Valley Association for Individual Development \(AID\)](#) **630.966.9393;**

Info@AIDCares.org

Web form to request services or make a referral.

[Center on Halsted](#) **LGBTQIA+ Anti-Violence Resource Line: 773.472.6469 x460**

Comprehensive community center dedicated to advancing community and securing the health and well-being of the LGBTQIA+ people of Chicagoland. Open 8:00am - 9:00pm, 773.472.6469 during normal business hours.

[Childhelp National Child Abuse Hotline 24/7](#) **Call or text “GO” to: 800.422.4453**

[Child Abuse Hotline live chat](#)

Childhelp exists to meet the physical, emotional, educational and spiritual needs of abused, neglected and at-risk children. They focus their efforts on advocacy, intervention, treatment, prevention, family resilience and community outreach.

[Crisis Text Line](#) **Text “HOME” (o “HOLA” para español) to 741741**

[Crisis text line WhatsApp](#)

[Illinois Mental Health Collaborative, Illinois Warmline](#) **1.866.359-7953 TTY: 1.866.880.4459**

The Illinois Mental Health Collaborative for Access and Choice is a resource for accessing relevant information about services, to get connected with the collective, get answers to questions and responses to concerns, and to stay informed about Illinois mental health news. The Warm line is also found here, an opportunity in Illinois for anyone age 12 and up to receive support from peer recovery specialists by phone. Available Monday-Saturday (excluding holidays) from 8:00am-8:00pm.

[Ecker Center for Behavioral Health](#) **Crisis line (24/7): 888.325.3750**

This link will take you to the web page for the Ecker Center crisis intervention and stabilization services. Below the crisis services there is a list of services and treatment programs they provide. Non-crisis line for services during business hours: **847.695.0484**

[National Runaway Safeline](#) **Youth or teens in crisis, call or text 24/7: 800.786.2929**

Also contact via: [live chat](#), [email](#), or [chat forum](#). Youth and concerned adults can also find blogs and articles on the website.

[NAMI HelpLine](#) **Call: 800.950.NAMI (6264); Text “NAMI” to 62640.**

Available Monday-Friday from 9:00am-9:00pm CST. Email: helpline@nami.org. HelpLine volunteers are working to answer questions, offer support and provide practical next steps.

[988 Suicide & Crisis Lifeline](#) **Call or text 988**

[988 Lifeline Live Chat](#)

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

[Suicide Prevention Services of America](#) **Call or text 988**

24-hour phone hotline, counseling, depression screening, workshops, prevention training, intervention in schools, support groups and annual awareness events. Local office number (Batavia): 630.482.9699

[The Trevor Project Lifeline](#) **Call: 866.488.7386, text “START” to 678-678**, or chat: [web chat](#)

Here you can reach out to a counselor 24/7 if you're LGBTQ+ and struggling, to find answers and information, and get the tools you need to help someone else. Call, text, or chat anytime you need support. If you are thinking about suicide, or feeling lonely, they are there to listen.

[Teen Line](#) **Call: 800.852.8336 (available 8:00pm-12:00am), text “TEEN” to 839863 (available 8:00pm-11:00pm), or [email](#)**

Teen Line's highly trained teen listeners provide support, resources and hope to any teen who is struggling.

[Postpartum Support International](#) **Call: 800.944.4773 (option 1 for English, opción 2 para español), Text “HELP” to 800.944.4773 for English; text en español: 971.203.7773. [PSI Web Contact Form](#)**

The mission of Postpartum Support International is to promote awareness, prevention and treatment of mental health issues related to childbearing in every country worldwide. Available 7:00am-10:00pm CST.

[National Sexual Assault Hotline--RAINN](#) **Call 800.656.HOPE (4673), text “HOPE” to 64673, or chat online [here](#) 24/7, available in English and español.**

RAINN helps adults and youths coping with the aftermath of sexual assault, sexual violence, and online exploitation. They are available 24/7 to provide confidential support, services, and education to survivors.

[Crisis Nursery Programs](#)

The Department of Human Service partners with crisis nurseries service providers to meet the needs of families who experience short-term crisis. Six nurseries in Illinois currently provide respite and short-term care for some of Illinois' most fragile families, many of whom experience crisis due to lost employment, medical emergencies, violence, and family dysfunction. The goal of the crisis nursery program is to reduce parental stress, change parenting skills, and reduce the risk of child maltreatment. The families served often need family stabilization, child abuse prevention or other critical support services. Eligibility is determined by need and referrals are accepted from the Department of Children and Family Services, community agencies, schools, social service providers, hospital or medical providers, family and/or friend referrals or by self referral through contacting the crisis nursery directly. Programs operate 24 hours a day. While the goal is to provide immediate intervention and short-term care, many of the services extend beyond short-term intervention. [Click here for a list of locations and direct contact info.](#)

BEHAVIORAL AND MENTAL HEALTH SERVICES

AUTISM

[Behavioral Perspective Inc. of Aurora](#) for ages 3-7

Offers clinical services such as in-home Applied Behavioral Analysis (ABA) therapy, Apple Academy (in-clinic ABA therapy), social skills groups & peer sessions, and parent training. They also do community events and outings, consultation with school districts and other private therapists and insurance support for children with autism. **info@bpiaba.com, 888-308-3728**

[Turning Pointe \(Autism Foundation\)](#) for adults, children, and teens

Offers education, career development, recreation & fitness, residential and family support services
contactus@turningpointeaf.org, 630-570-7948

[Autism Speaks: Online List of Resources](#)

help@autismspeaks.org, 1-888-AUTISM2 (1-888-288-4762)

[Wrong Planet](#) (autism spectrum)

[Giant Steps](#)

Autism Education: Every student attending the Day School at Giant Steps has an Individualized Education Program (IEP) to meet their specific needs and goals within four service domains: cognitive learning and awareness, communication abilities, social/emotional development, and motor skills.

Training: The Autism Training Center (ATC) provides guidance and support to families touched by autism. The ATC offers consulting, training and seminars for individuals and families touched by autism, as well as schools, community organizations, early intervention centers, respite providers, police, paramedics, and emergency workers.

Therapy: Speech/communication therapy, occupational therapy, neurologic music therapy, social work and applied behavior analysis are available in a one-on-one approach tailored to each student's needs. Specific physical and creative sessions include dance therapy, yoga, fitness training, social and interactive groups, piano and music lessons, and canine training.

Recreation: Our Rec Center provides after school activities that complement our education curriculum, including a computer lab, sensory and motor rooms, and dance and yoga areas, art and express yourself centers, as well as fitness facilities.
630-864-3800

[Little Friends](#)

Non-profit organizations providing services for children and adults with autism and other developmental disabilities and their families
630-355-6533

[Fox Valley Special Recreation Association \(FVSRA\)](#)

Provides year-round recreational programs for individuals with disabilities by working with staff to mainstream participants into Park District sponsored

recreation programs.

info@fvsvra.org, 630-845-9644

THERAPY

[Prairie Clinic](#) 630-845-9644 Geneva

The Prairie Clinic provides a number of services to individuals with Autism Spectrum Disorders [ASD], families, professionals, and school districts:

Individual counseling, family counseling, staff training, school programming, in-services, and consultative services. Interventions apply to individuals with ASD themselves as well as the families that care for them, the professionals that work with them, and the school districts that strive to provide the Least Restrictive Environment (LRE) for them to learn in.

[Graceful Therapy](#) 630-733-9108 Oswego

Provides individual, couples and family therapy.

[A.I.D. Association for Individual Development](#) 630-966-9393 Aurora info@AIDcares.org

Crisis Intervention

AID Crisis Line: 630-966-9393

AID Text Line: 833-243-8398

AID Mobile Crisis Response Team (MCRT): 630-966-4357

AID Living Room: 630-966-4110

AID Main Number: 630-966-4000

Sunshine Calls

Victim Services

Outpatient Mental Health/Substance Abuse Services

Individual and Group Counseling

Case Management

Psychosocial Rehabilitation

Alcohol and other drugs abuse services

[Aunt Martha's Community Health Network](#) 877-692-8686 Aurora

Child, adolescent and adult services

Telepsychiatry

Medication management

Counseling

Comprehensive diagnostic evaluation and assessment

[Aurora Township Youth Services](#) Ages 7-17 Aurora

Delinquency Prevention Program

Indoor and Outdoor Soccer, Basketball, Climbing Wall

Tutoring

Daily Snack Program

Weekly Art Projects

Community Service Program

Summer Camps

Summer Lunch Program

[Breaking Free](#) 630-897-1003 info@mutualground.org Aurora

Counseling
Continuing care and recovery services
Family education and support services
Family intervention
Parenting programs

[Centennial Counseling](#) St. Charles **630-377-6613**, Sandwich **815-786-8606**, Yorkville **630-553-1600**
Specialists in marriage, family, and individual counseling
Multidisciplinary team of seasoned and well-trained mental health professionals are licensed in psychology, social work, marriage and family therapy, or professional counseling
Psychological testing and assessments

[Ecker Center for Mental Health](#) **847-695-0484** Elgin
Case Management (housing, food, transportation, public assistance, financial and vocational training, living skills, counseling)
Psychiatric Emergency Program
Psychiatric services
Therapy
Short-term residence for adults
Sliding fee for residents of Geneva (certain areas), St. Charles, Campton, Virgil, Elgin, Plato, Burlington, Hampshire, Rutland, Dundee, Barrington, and Hanover Townships

[Aurora Family Counseling Service](#) **630-844-2662** Aurora & Oswego
Psychiatric Services
Counseling, Counseling groups
Case Management
Crisis Intervention
Mentoring for children (ages 6 – 17)
The GARAGE is a 1-2-1 mentoring program.
Substance abuse treatment
Parent education
Older adult services

[DeKalb Family Service Agency](#) **815-758-8616** DeKalb info@fsadekalbcounty.org
Counseling
Senior Services

[Family Service Assoc. of Greater Elgin](#) **847-695-3680**
Screening and assessment
Therapy services

[Fox Valley Hands of Hope](#) **630-232-2233** Geneva info@fvhh.net
Grief Support and Supportive Care
Volunteer Patient Support
Assisted Living Volunteer Patient Support
Medical Equipment Loans
Spanish Language Program

[OakHeart Center for Counseling, Mediation, and Consultation](#) **Aurora & Telehealth: 630-570-0050,**
Sycamore: 779-201-6440

Contact.OH@OakHeartCenter.com

OakHeart Center provides therapy services for children, adolescents, and adults in Aurora, Sycamore, and via telehealth across the state of Illinois. **In-network insurance:** Blue Cross Blue Shield (BCBS) of Illinois PPO, Blue Choice PPO, Aetna PPO, Cigna PPO, and Medicare Part B/Medicare Railroad.

Clinician specialties:

- Obsessive Compulsive Disorder (OCD)
- Panic Disorder
- Agoraphobia
- Social Anxiety
- Worry/Generalized Anxiety Disorder
- Health Anxiety
- Specific Phobias
- Posttraumatic Stress Disorder (PTSD)
- Trauma
- Domestic Abuse
- Sexual Assault
- Eating Disorders and Feeding Disorders
- Relationship Concerns and Couples Counseling
- First-Responders
- Caregiver Support
- Body-Focused Repetitive Behaviors (BFRB's)
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Bipolar Disorder
- Depression
- Maternal Mental Health Care; Postpartum Anxiety and Depression
- Substance Use Disorders
- Insomnia
- Non Suicidal Self-Injury (NSSI)
- Grief and Bereavement
- Self-Esteem
- Divorce Recovery
- Anger Management
- LGBTQA+ Support
- Adjustment and Chronic Stress
- Therapy for Therapists
- Infertility, Miscarriages, Neonatal Loss

[In Step Behavioral Health](#) **630-262-2640** St. Charles

Diagnostic Evaluation

Treatment Recommendations

Medication Management

Psychotherapy

Psychological/Neuropsychological Testing

Substance Abuse Treatment

Co-occurring Disorder Treatment

[Innovative Behavior Health](#) **630-913-7045** Oswego & Naperville info@innovativebehavioral.com

Individual Counseling for Adults, Children, Teens, and Seniors
Family, Blended Family, and Single-Parent Counseling and Support
Couples, Relationship, Marital, and Pre-Marital Counseling and Psychotherapy
Psychotherapy for Children with Behavioral, Learning, or Mental Health Issues
Recovery Assessment and Support for Substance Use and Abuse
Life Coaching, Business and Entrepreneurial Coaching
Counseling Support for Military Personnel and their families

[Hines Veterans Administration Hospital](#) Mental health clinic: **708-202-2002** Hines, IL
Behavioral Health services including individual and group counseling that is available only to veterans of the armed services

[Illinois Crisis/Emergency: Mental Health Partners/Providers in Illinois](#) **800-843-6154 & 866-324-5553**
An on-line listing of service providers by county from the Illinois Dept. of Human Services

[Kane County Behavioral Health Council Website](#) **847-697-2380 & 630-966-9393**
Website provides links to local behavioral health services, monthly newsletter, trainings, and school based resources

[Linden Oaks at Edwards-Elmhurst Health](#) **630-305-5027** Naperville
Treats conditions such as anxiety, depression, eating disorders and self-injury for adolescents and adults. Leading center for the treatment of substance abuse and offer services for each stage of the recovery process, including inpatient and outpatient treatment, residential (for adults) and detoxification. Comprehensive eating disorders program.

[Kendall County Health Department Outpatient Services](#) **630-553-9100 (24/7)** Yorkville
Crisis intervention
Family and individual therapy
Psychiatric services
Substance Abuse Treatment

[Northwestern Medicine Behavioral Health Services Winfield](#) **630-933-4000** Winfield

[Open Door](#) (lgbtq) Aurora **630-264-1619** Elgin: **847-695-1093** West Chicago: **630-520-0904**
Psychiatric Services:
Diagnostic evaluation
Discharge planning & inpatient support
Psychiatric medication management
Follow up care that is tailored to the unique needs of clients with coexisting health issues
Behavioral Health Services:
Diagnostic evaluation
Behavioral health discharge planning
Chronic disease and chronic pain management
Non-intensive Substance Use, ASAM assessment, referral and treatment
Health related anxiety and trauma
Depression and related mood disorders
Learning to live a fulfilling life with HIV
Stigma associated with HIV/AIDS, mental health, substance use and LGBTQIA+ concerns

Cognitive function screening & referral
Life stress management related to employment, relationships and finances

[Rosecrance](#) **815-391-1000 & 866-330-8729** Rockford

Prevention, intervention, detoxification
Inpatient and outpatient treatment
Experiential therapies
Dual-diagnosis care
Family education

[Suicide Prevention Services of America](#) **800-273-8255** Batavia info@spsamerica.org

Depression hotline (24 hrs.)
Depression screening
On-site counseling
Support Groups

[Tricity Family Services](#) **630-232-1070** Geneva info@tricityfamilyservices.org

Counseling
Bilingual
Early intervention programs
Caregivers connections program
Youth crisis intervention and stabilization program
Employment assistance

[VNA Health Care](#) **630-526-7873** communications@vnahealth.com

Mental health outpatient services for children, adolescents, adults, and seniors
Sliding fee
Bilingual Counselors

SUPPORT GROUPS

[Depression and Bipolar Support Alliance \(DBSA\)](#) **800-826-3632** Chicago

Free peer-run support groups for those suffering with depression and/or bipolar illness. You will find comfort and direction in a confidential and supportive setting, and where you can make a difference in the lives of others.

Webpage has information and online support for families.

[Eating Disorders Anonymous](#) **800-931-2237**

[Emotions Anonymous](#) **651-647-9712**

Free support group for those in recovery

[Alcoholics Anonymous](#) Aurora – **630-859-2444** DeKalb – **800-452-7990** Elgin – **847-742-7870**
Naperville – **630-355-2622** St. Charles -- **630-377-6610**

[AL-Anon Family Groups](#)

Search engine to help you find groups near you

[Alateen](#) **888-425-2666**

Support group for teens with family or friends that struggle with alcohol

[NAR-ANON Family Support](#) **800-477-6291**

A 12-Step Program for Family & Friends of Addicts

[Linden Oaks Behavioral Health: Support Groups](#) **630-305-5027** Naperville

Free support groups

[Overeaters Anonymous](#) **505-891-2664**

SUBSTANCE MISUSE

[Gateway Foundation Aurora](#) **855-944-3595**

Aurora Drug Treatment Center offers Adult Residential Programs and Outpatient Programs struggling with alcoholism and drug abuse.

Offers specialized outpatient substance abuse treatment for teens.

Accepts health insurance. Also provides assistance to help understand what services are covered, deductibles and co-pays.

[addicted.org rehab resource](#) **800-304-2219**

Addiction services available in Illinois

[Kendall County Health Department, Substance Abuse Outpatient Services](#) **630-553-9100** Yorkville

Substance Abuse Treatment Services

Services include but are not limited to: individual, group, and family counseling.

Individuals are supported while they learn to live without the harmful consequences of drug and alcohol misuse.

[Lighthouse Recovery Center](#) **630-940-2468** St. Charles

Outpatient substance abuse treatment program

Level I and Level II group treatment

DUI evaluations and counseling

[Renz Center](#) **847-695-0484** St. Charles & Elgin

Substance abuse and problem gambling treatment services

HIV prevention services

Teen pregnancy prevention education

Employee assistance services for small businesses

Substance abuse prevention education for youth and the community

[Rosecrance](#) **815-391-1000 & 866-330-8729** Rockford

Prevention, intervention, detoxification

Inpatient and outpatient treatment

Experiential therapies

Dual-diagnosis care

Family education

[The Power of Choice - 360 Youth Services - website](#) Naperville

Provides information (resources, newsletters, and podcasts) on effective ways to connect with your teen, learn about substance abuse and the early warning signs, how to keep your child safe and support them making healthy choices about alcohol, tobacco, and other drugs.

This is a massive communications campaign taking place in all District 203 and District 204 high schools and junior high/middle schools. The Power of Choice is an effective, data-driven, outcome-based, ongoing, community collaborative project that recognizes the Power youth have to impact the quality of their lives by making Choices that keep all possibilities open for a bright future.

<https://startyourrecovery.org/> Start Your Recovery works with leading experts in effectively treating substance use issues to offer reliable information at any stage of their recovery journey. Their goal is to offer people who are dealing with substance use issues a single source of reputable, objective information about signs, symptoms, conditions, treatment options, support and resources, in a user friendly format with easy to understand language.

DOMESTIC/INTIMATE PARTNER VIOLENCE

[National Dating Abuse Helpline](#)

[Mutual Ground](#) Domestic Violence: **630-897-0080** Sexual Assault: **630-897-8383** Aurora

Comprehensive victim services

Shelter; prevention, intervention, and on-going support

Services are free of charge

[Rape, Abuse, Incest National Network \(RAINN\)](#)

The nation's largest anti-sexual violence organization; They created and operate the National Sexual Assault Hotline **800-656-HOPE(4673)**, they offer an option for chat through their website and they also offer services in Spanish <https://www.rainn.org/es>

[Community Crisis Center](#) **847-697-2380** Elgin

Provides comprehensive services to individuals and families in crisis due to domestic violence, sexual assault, or economic/ financial difficulties. The mission of the Community Crisis Center is to provide Safety, Hope, Advocacy, Respite and Education for those impacted by crisis and violence.

Services are free of charge

[Safe Passage](#) **815-756-5228** (24/7) DeKalb

Provides a wide range of services to victims of domestic and sexual violence including crisis intervention and medical advocacy for victims, short- and long-term housing for victims and their children, counseling, legal advocacy, children's services, prevention programming, and a partner abuse intervention program.

Services are free of charge

FAMILY AND CHILD RESOURCES

[360 Youth Services](#) **630-717-9408** Naperville

Counseling Programs

Many insurance plans are accepted and special accommodations can be arranged for families who are struggling financially.

Mentor Programs

Prevention Programs - helping youth make healthy choices and preventing youth substance use.

Housing Programs - When housing is uncertain, everything in a young person's life seems to fall apart. At

360 Youth Services, housing and support services are provided to young adults, 18-24 years old, who were previously homeless, and teenage boys, 13-17 years old, who are unable to live with their families. Support services including life skills, budgeting, counseling, art therapy and more are provided.
LGBTQ Collaborative

[Adventure Works](#) **815-517-0825** DeKalb info@adventureworksdekalb.org

Therapy through adventure experiences
Children's Conservation Corps (Elementary school through 5th grade)
Ascend – climbing group (High School)
Balance Group (Middle school girls)
Adventure U (School age)
Archery (6th Grade and up)
Traverse (18 -26)

[Boy Scouts of America Three Fires Council-BSA](#) **972-580-2000** Specialneeds.scouting@gmail.com
Boy Scout and Cub Scout membership for those with learning, developmental, physical, or emotional disability

[Day One PACT](#) **Geneva 630-879-2277 Lisle 630-960-9700**

Life-spanning (birth to death) service coordination agency for people with developmental disabilities. Determines eligibility for services, linking people with the help they require, and assisting them in assuring their on-going satisfaction with their services.
Fee for service, Bilingual

[DeKalb County Youth Services Bureau](#) **815-748-2010** DeKalb

Youth and Family Counseling, Trauma Certified
Anger Management and Emotional Regulation
Drug and Alcohol Early Intervention
Court-Ordered Youth Programs
Group Counseling
Parenting Class
Se habla espanol

[CHADD The National Resource on ADD](#) **301-306-7070**

Membership organization for families with an ADHD child, provides education, support groups, advocacy and information.

[Easter Seals Disability Services](#) **312-726-6200 (voice) 800-221-6827 (toll-free)** Chicago
info@easterseals.com

[Illinois Respite Coalition](#) **Toll-Free Statewide Respite Phone: 866-ILL-RESP**

ilrespitcoalition@gmail.com

The Illinois Respite Coalition (IRC) is a not-for-profit organization of caregivers and respite providers dedicated to advocating support for families by ensuring access to quality respite services for the residents of Illinois. The IRC is dedicated to spreading the awareness of lifespan respite for caregivers of individuals with special needs. The IRC is able to assist caregivers by connecting them to resources in their area, provide training on respite topics, and have funding available for emergency respite.

[Family Benefit Solutions](#) **847-279-8506** Buffalo Grove benefithelp@aol.com

Help in making long-term decisions for a special needs child, a family member who has a chronic illness, or the elderly.

Recommended as a next step after visiting Day One PACT

[Family Counseling Service of Aurora](#) **Aurora 630-844-2662 Oswego 331-999-3810**

Community Support Groups for Children

Art Therapy

Money Management (ages 13 and up)

Cooking Skills (ages 12 and up)

Dance and Movement Therapy (ages 8 – 12)

[Child Mind Institute](#) **212-308-3118**

Provides extensive medical information and resources for parents helping a child in distress

[Community & Residential Services Authority](#) **877-541-2772** Springfield

Responsible for identifying and addressing barriers facing parents, professionals and providers when trying to get needed services and programs

State agency. Services are free of charge.

[Illinois Youth Resource for Mental Health, Well-Being & Resilience](#) **630-276-5400** Naperville

A comprehensive guide for referral for children, adolescents and others to behavioral health services in Illinois. The Illinois Health and Hospital Association's (IHA) Behavioral Health Advisory Forum developed the guide with an emphasis on suicide prevention and marginalized youth.

[Kane County Behavioral Health Council](#)

Northern Kane County Crisis Line 847-697-2380

Southern Kane County Crisis Line 630-966-9393

isaacsonmichael@co.kane.il.us

Website provides links to local behavioral health services, monthly newsletter, trainings, and school based resources

[My Recess Inc.](#) **630-880-0993** info@myrecess.com

[Look Through Their Eyes](#)

Provides information and referrals for children experiencing trauma such as, but not limited to: bullying/cyberbullying, chaos or dysfunction in the house, death of a loved one, domestic violence, emotional abuse or neglect, incarcerated parent, parent with a mental illness, poverty, and a medical condition.

[Simply Destinee](#) **331-643-6001** Aurora simplydestinee1@gmail.com

Youth inspired Dance Team that promotes suicide awareness

Provides dance instruction for at-risk youth

Dedicated to caring for Aurora's youth and inspiring positive development in their lives, families, and community

\$25 registration fee; \$15 for each additional child; parents and children are responsible for fund raising or they can pay a monthly fee

[The Power of Choice](#)

Highly effective and proven substance use prevention campaign for students in school districts 203 & 204 and their parents, coordinated by [360 Youth Services](#)

[Mesothelioma Hope](#) **855-963-1024** Stacy@mesotheliomahope.com

[Birth Injury Justice Center](#) **855-940-2324** elocke@childbirthinjuries.com

Birth injuries, brain injuries, cerebral palsy, Erb's palsy, and other developmental disabilities.

[Under the Rainbow](#) **773-542-2000** Chicago

Outpatient mental health services, including Individual, family and play therapy

Multi-family group therapy

Therapy groups for children and teens

Social skills groups

Parenting groups

Psychiatry

SASS

Case management services

[Riverview Counseling Services](#) **630-587-3777 x101** St. Charles, Batavia, South Elgin

Provides individual, family & group therapy to children & their families.

[Children's Mental Health Resource Center](#) (CMHRC)

CMHRC's mission is to provide guidance and resources for the early identification and management of mood disorders and other mental health challenges in children and teens. Our comprehensive programs support families as they navigate the mental healthcare system and manage their child's school needs, which require accommodations that are often unavailable. info@cmhrc.org [CMHRC Resources](#)

LEGAL AND FINANCIAL ASSISTANCE RESOURCES

LEGAL RESOURCES

[Administer Justice](#) **855-818-4554** Batavia

Working with the Batavia Legal Aid Clinic they provide low-cost or free legal aid. The attorneys that work with them do not represent Administer Justice clients, but they advise appropriate legal steps, how to find the appropriate forms and instructions, whether a client can handle the matter themselves, and other recommendations on legal processes. (By appointment only, every 2nd Tuesday of the month 5:30pm - 8pm)

[DeKalb County Legal Self-Help](#) **815-895-7138** Sycamore

Legal Library

[DeKalb County Treatment Courts](#) **815-895-7224** Sycamore

The DeKalb County Treatment Courts are inclusive of Drug Court, DUI Court and Mental Health Court. Our mission is to enhance public safety by combining effective substance abuse treatment and intensive judicial supervision in a therapeutic court setting for non-violent substance abusing offenders, in order to assist the participant in choosing and developing a structured, disciplined, law abiding drug free way of

life.

[Guardianship and Advocacy Commission](#) **866-274-8023**

The Legal Advocacy Service (LAS) was created so that eligible children and adults, who have a disability, could obtain legal advice and representation to protect and enforce their rights guaranteed by Illinois' mental health laws.

LAS attorneys provide needed assistance to persons with disabilities in a variety of settings: mental health facilities, residential programs, community placements, and nursing homes. Issues addressed include, but are not limited to: admission and discharge from hospitalization, adequate treatment, refusal of unwanted services, and confidentiality of mental health records.

Assistance takes the form of information, referral, and legal representation in court hearings and administrative proceedings.

[Illinois Legal Aid Online](#)

ILAO puts the law within reach for everyone with a legal problem in Illinois, regardless of their location, income, and education. People can access user-friendly online legal information and pro bono services from anywhere they can connect to the internet, including their mobile phone. ILAO simplifies our complex legal system and connects people to the best help that is available to them.

[Illinois State Attorney General](#)

[Kane County –Child Support Division](#) **630-232-3500** St. Charles

The Kane County State's Attorney's Office provides legal representation to the Illinois Department of Healthcare and Family Services under the authority of Title IV-D of the Social Security Act and the Illinois Public Aid Code.

[Kendall County State's Attorney](#) **630-553-4157** Yorkville

To receive assistance with your child support enforcement, you must sign up with HFS for the Title IV-D Program. The program can help you establish paternity, set support, modify support, extend support or file pleadings to address the nonpayment of support. By law, the County State's Attorney's Office cannot intervene in a child support case if the case is not registered with HFS.

[DeKalb County State's Attorney](#) **815-895-7164** Sycamore

Any custodial or noncustodial parent is eligible for the Title IV-D Program regardless of the income they earn.

[Kane County Public Defender](#) **630-232-5835** St. Charles

[Kendall County Public Defender](#) **630-553-4215** Yorkville

[DeKalb County Public Defender](#) **815-899-0760** Sycamore

[Kane County Law Library and Self Help Center](#) **630-406-7126** St. Charles

Provides legal information

[Kane County Bar Association](#) **630-762-1900** St. Charles

[Prairie State Legal Services](#) **815-965-2134** Rockford

Free legal services

The resources webpage provides references to self-help information.

[Elgin Mental Health Center](#)

Facility for adults with severe mental illness that requires inpatient mental health treatment, for convicted individuals in the custody of the Illinois Department of Corrections

FINANCIAL RESOURCES

[Aurora Township](#) **630-897-8777**

[Rockford Diocese](#)

Offers emergency assistance for rent, utilities, food, diapers and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel also can refer callers to appropriate community agencies that may be able to assist them.

[Joliet Diocese](#)

Offers emergency assistance for rent, utilities, food, diapers and other basic needs for individuals and families who are experiencing economic hardship. Emergency Assistance Program personnel also can refer callers to appropriate community agencies that may be able to assist them.

[Community Contacts, Inc.](#) **847-697-8800** Elgin, Dekalb, Aurora

Dedicated to helping low and moderate income families attain and maintain safe and affordable housing. CCI seeks to provide utility bill assistance, weatherization and housing rehabilitation for eligible households. They do this through a variety of programs that focus on energy conservation and the affordability of local housing stock. Their mission is to make affordable housing a reality for local, elderly, economically disadvantaged and disabled individuals and families.

Low Income Home Energy Assistance Program (LIHEAP) provide help with gas and electric bills.

Affordable Rental Program - The purpose of the affordable rental program is to provide qualified participants single family homes for rent in Kane County.

Along with the specific criteria for the development of the affordable rental homes, the program outlines specific criteria for the families that would be eligible to rent a home with Housing Continuum Inc. The goal of the program is to provide rents that do not exceed 30% of a household's income.

[Kendall Grundy Community Action](#)

Kendall-Grundy Community Action (KGCA) provides a variety of services to residents of both Kendall and Grundy counties. Our programs offer assistance to income-eligible families to obtain the opportunities needed to encourage self-sufficiency.

Services include referrals to local resources, education scholarships, obtaining reliable transportation for employment purposes, employment assistance, homelessness prevention program (Kendall County only), and assistance with gas and electric bills

[Medicare](#)

[Social Security Administration](#) **Phone: 800-772-1213 Aurora: 1-877-274-5412 Elgin: 1-877-405-0435**

[Aurora Salvation Army](#) **630-897-7265**

Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance

[DeKalb Salvation Army](#) **815-756-4308**

Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance

[Elgin Salvation Army](#) **847-741-2304**

Emergency food pantry, prescription assistance, transportation assistance, rental assistance, and utilities assistance

[Tri Cities Health Partnership Medical and Dental Clinic](#) **630-377-9277** St. Charles

Tri City Health Partnership provides a wide range of high quality medical care to individuals in Central Kane County. At our clinic in St. Charles, Illinois, we treat all patients with dignity and respect, and they receive quality health care from qualified volunteer specialists.

Free of charge

[*Veterans Assistance Commission of Kane County](#) **630-232-3400** Geneva

Provides free assistance obtaining veteran benefits

HOUSING SERVICES

[360 Youth Services](#) **630-717-9408** Naperville

Housing Programs - When housing is uncertain, everything in a young person's life seems to fall apart. At 360 Youth Services, housing and support services are provided to young adults, 18-24 years old, who were previously homeless, and teenage boys, 13-17 years old, who are unable to live with their families. Support services including life skills, budgeting, counseling, art therapy and more are provided

[Hesed House](#) **630-897-2156** Aurora

Emergency shelter, daytime drop-in center, homeless prevention program, transitional living community, supportive housing, employment training and education, medical assistance, counseling, legal clinic

[Hope Haven](#) **815-758-5765** DeKalb

Emergency Shelter, Rapid Re-Housing, Life Skills Training, Permanent Housing Program

[Lazarus House](#) **Shelter & Transitional Living: 630-587-2144 Rental/Utility Assistance: 630-587-5872**

St. Charles

Safe shelter, food, personal hygiene items and shower and laundry facilities, clothing through the local clothes closet, health care through a local free clinic and other local funding.

Case management and referrals to the homeless and those at risk of homelessness with the goal of helping people retain or regain independent living.

Employment assistance and skills upgrade.

Classes that support successful living.

Services and programs focused on women and children at the Women and Children's Day Center, located across the street from the main shelter.

The Center for Transitional Living program provides more extended housing and services to qualifying

homeless persons, including space for families to stay together.

Outreach and homeless prevention assistance for qualifying households that are struggling to pay their rent and utilities (through one-time and ongoing rental and utility assistance and case management services).

[Lifespring \(Wayside Cross Ministries-Aurora\)](#) **630-892-4239**

Long term transitional living program for women and women with children, who have lost their housing due to addiction, abuse or financial reasons. This safe, loving “family” environment has the capacity to house up to 57 women and children and provides a six-month program teaching families the necessary skills to live independently.

[Wayside Cross Homeless Center Elgin](#) **847-695-4405**

Food, clothing, laundry, showers, secure locker

Counseling

Case Management

[A.I.D. Association for Individual Development](#) **877-243-0001**

The purpose of this program is to help people with a mental illness live more independently in the community. People live in their own apartments with 24 hour staff support. Services include:

Individual and Group Counseling

Case Management

Help with Medications

Assistance in the Community

Skill building - such as budgeting, shopping, cooking, cleaning and laundry

Crisis Resolution

Healthy Living

Supported Living: This program is the next step in community independence. People live on their own and receive staff support at least once a week in their home.

Services are the same as those in Supervised Living but are not as intensive.

[AIM Center for Independent Living](#) **630-469-2300** Downers Grove

AIM Independent Living Center is a nonprofit organization dedicated to helping individuals with disabilities lead independent lives. AIM promotes an inclusive community by offering supports and services to people with disabilities, their families and friends, and the businesses that serve them.

[Illinois Individual Placement and Support](#)

Every client who wants to work is eligible for IPS services

Competitive jobs are the primary goal of supported employment

Supported employment services are integrated with comprehensive mental health treatment

Personalized benefits counseling is provided to every IPS client

People are placed in jobs when they say they're ready

Employment specialists receive extensive training in supported employment and in developing relationships with businesses and other employment opportunities

IPS clients receive job supports for as long as required

[Thresholds](#) **773-572-5500** Chicago

No Cost community support services, housing & residential programs, supported employment, evidence-based practices, and supported education

HOSPITALS

[Amita Health](#)
[Amita Health - behavioral health](#)
[Advocate Good Samaritan Hospital](#)
[Comer Children's Hospital University of Chicago Medicine](#)
[Illinois Inpatient Mental Health Providers](#)
[Linden Oaks at Edwards-Elmhurst Health](#)
[Loyola Medicine](#)
[Lurie's Children's Hospital](#)
[Northwestern Medicine Behavioral Health Services Winfield](#)
[Northwestern Medicine Behavioral Health Services - St.Charles](#)
[KishHealth/Northwestern Medicine, DeKalb \(Ben Gordon Center\)](#)
[Streamwood Behavioral Healthcare System](#)
[Swedish American Mental Health Services - Rockford](#)
[University of Chicago Mercy Hospital and Medical Center](#)

TRANSPORTATION

[Kendall Area Transit](#)
[Pace Suburban Bus](#)
[Senior Services Association Transportation Services](#)
[Voluntary Action Center; TRANSVAC/MEDVAC](#)

THERAPEUTIC SCHOOLS

[Amita Glen Oaks Therapeutic Day School](#) **630-966-1811** North Aurora
Third Grade through High School and Transition Program (ages 18-22)
State board approved alternative school dedicated to helping students with emotional disorders, higher-functioning autism, secondary learning disabilities and other health impairments flourish in an educational environment
Expressive Therapy: Animal assisted therapy, art therapy, music therapy, recreation therapy
Social Work and Counseling: Group therapy and individual therapy

[Behavioral Perspective Inc. of Aurora](#) **888-308-3728** West Chicago
Ages 9-22
Individualized program based on the needs, strengths and priorities of each client and their family, with ongoing support and teaching of valuable new skills that families can implement permanently
Applied Behavioral Analysis (ABA) Therapy: In-home and in-clinic therapy
Adult Services
Autism Diagnostic Observation Schedule (ADOS) Testing

School Consultation
Parent Academy

[Clare Woods Academy](#) **630-289-4221** Wheaton

Ages 5-21

Assist learning and developmentally disabled youth and adults to become self-sufficient and self-directed, in personal growth, general health, education, social and emotional well-being and functional living skills

Primary Department

Intermediate Department

High School Department

Vocational Department

[Elmhurst Learning and Success Academy Elmhurst College](#) **630-617-3752** Elmhurst

Ages 18-28

Four-year, post-secondary certificate program

On-campus program that follows the academic calendar of the University, with full-time and part time attendance

Academic and career exploration

Independent living skills

Social and recreational skills

[Little Friends](#) **630-355-6533** Warrenville

All Ages

Center for Autism: Therapeutic services, toilet training, social skills groups

School Programs: Krejci Academy (ages 3-21) and Mansion High School

Community Day Services: Supported employment, subcontract services, Inklude studio, Colorburst screen printing

Residential Services: Adult and children

Respite: Family services that offer multi-week sessions for children with special needs and their siblings featuring indoor and outdoor activities and socialization opportunities

[The School of Expressive Arts and Learning \(SEAL\)](#) **630-642-5888** Yorkville

K-12 Curriculum and services as indicated for up to 22

Primary: Grades 1-3, Intermediate: Grades 4-6, Junior High: Grades 7-8, High School: Grades 9-12

Academic, guided assisted learning, and vocation/transition programs

Clinical Services: Counseling, speech therapy, occupational therapy

Expressive Therapy: Music, recreation, art

Various clubs and sports

[Summit School, Inc. - Elgin](#) **847-468-0490** Elgin

Pre-K-12

Early Learning Center: Designed to develop cognitive, adaptive, motor, language, and social/emotional developmental skills

Summit School Special Education: Teach coping and educational strategies in order to return students to their homeschools, or to graduate students to move onto post-secondary education or employment

GENERAL INFO RESOURCES

[Mental Health America](#)
[National Council for Mental Wellbeing](#)
[National Empowerment Center](#)